

City of Calexico

FALL  
WINTER/SPRING  
2024-2025

# RECREATION & CULTURAL ARTS

PROGRAM GUIDE

September 03, 2024 - May 01, 2025



*Recitals Dates: May 5-8, 2025*



Register Online at: [calexico.myrec.com](http://calexico.myrec.com)

707 DOOL AVE  
(760) 768-2176 / (760) 357-5575

[WWW.CALEXICORECREATION.ORG](http://WWW.CALEXICORECREATION.ORG)  
[RECREATION@CALEXICO.CA.GOV](mailto:RECREATION@CALEXICO.CA.GOV)  
[CULTURALARTS@CALEXICO.CA.GOV](mailto:CULTURALARTS@CALEXICO.CA.GOV)

 /CALEXICORECREATION  
/CALEXICOCULTURALARTS  
 /CALEXICORECREATION  
/CDCULTURALARTES

**ONLINE PROGRAM REGISTRATIONS BEGIN:**

**FALL 2024** SENIOR CITIZENS: TUES, AUG. 20, 2024  
GENERAL PUBLIC: WED, AUG. 21, 2024

**WINTER/SPRING 2025** SENIOR CITIZENS: TUES. DEC 17, 2024  
GENERAL PUBLIC: WED, DEC. 18, 2024

8:00 AM - 5:30 PM \* COMMUNITY CENTER \* 707 DOOL AVE.



## CITY LEADERSHIP

### City Council

- Camilo Garcia, Mayor**
- Javier Moreno, Mayor Pro Tem**
- Victor Legaspi, Council Member**
- Lisa Tylenda, Council Member**
- Gloria Romo, Council Member**

### City Staff

- Acting City Manager:**  
Juan Contreras
- Recreation Manager:**  
Norma Gerardo
- Sports Coordinator:**  
Jamie Ann Chew
- Program Coordinator:**  
Debbie Flores
- Administrative Assistant:**  
Ariana Hernandez
- Cultural Arts Assistant:**  
Eduardo Quintero

### Community Services Commission

- Patricia Ureña, Chair**
- Antonio Garcia, Vice-Chair**
- Roxsanna Pacheco, Member**
- Christina Rojas, Member**
- Jose Jesus Iñiguez, Member**
- Jesus Solano, Member**



*"Enriching people through people, parks, and programs"*



## OUR MISSION

"To enhance the quality of life, by providing safe, positive and accessible sports and recreational programs and facilities; strengthening arts, culture, history and creative expression as tools to empower residents; and collaborating with other organizations to promote Community pride, health and growth"

### Special Thanks

We would like to thank the City Council of the City of Calexico, the Calexico Measure H Committee, and the California Arts Council for their generous contributions to our Recreation and Cultural Arts Fall-Winter-Spring Program.



*and thank you  
City Council & Measure H*

## PROGRAM FACILITIES



- COMMUNITY CENTER: 707 DOOL AVE
- SENIOR CITIZEN'S HALL: 707 DOOL AVE.
- CARMEN DURAZO CULTURAL ARTS CENTER: 421 HEFFERNAN AVE.
- DAVID TESSADA GYMNASIUM: 824 BLAIR AVE.

## HOW TO REGISTER WITH MYREC

GO TO: [CALEXICOCA.MYREC.COM](http://CALEXICOCA.MYREC.COM)  
 INTO YOUR INTERNET BROWSER



CLICK LOG IN AND ENTER YOUR USERNAME AND PASSWORD TO ACCESS YOUR ACCOUNT. IF YOU DO NOT HAVE AN ACCOUNT CLICK ON CREATE ACCOUNT. YOU CAN ADD MEMBERS OF YOUR HOUSEHOLD TO YOUR ACCOUNT.



AFTER SUCCESSFULLY LOGGING IN CLICK REGISTER, THEN PROGRAMS. SELECT THE CATEGORY: YOUTH, ADULTS ETC.. THEN SELECT THE PROGRAM YOU WOULD LIKE TO REGISTER FOR AND ADD TO CART. TO CONTINUE ADDING CLASSES SELECT CONTINUE SHOPPING OR IF YOU ARE DONE CLICK CHECK OUT.



FOLLOW ALL THE PROMPTS AT CHECK OUT. PAY WITH DEBT OR CREDIT ONLINE.



CALL US OR VISIT US AT OUR RECREATION OFFICE FOR ASSISTANCE IN CREATING A ACCOUNT OR REGISTERING FOR CLASSES.

**CLASS CANCELLATIONS/REFUNDS:** A 100% REFUND AND OR AN ACCOUNT CREDIT WILL ONLY BE GRANTED IF A CLASS IS CANCELLED BY THE RECREATION DEPARTMENT. REFUND REQUESTS MUST BE REQUESTED BEFORE A CLASS START DATE, NO REFUNDS WILL BE ISSUED ONCE CLASSES HAVE STARTED. IF GRANTED, REFUNDS MAY TAKE 4-8 WEEKS TO PROCESS. NO CASH REFUNDS WILL BE ISSUED.



# REGISTRATION INFORMATION



Monday to Thursday 8:00 AM - 6:00 PM  
Every other Friday 8:00 AM - 5:00 PM

Registration is on a first-come, first-served basis.  
Registration is limited to a certain number of participants and will close when capacity is reached.

PLEASE CONSIDER YOUR SCHEDULE CAREFULLY BEFORE REGISTERING

**Class Enrollment:** Registration is on a first-come, first-served basis. Registrations will be held online, visit [calexicoca.myrec.com](http://calexicoca.myrec.com) to create an account and register. Recreation will not be accepted during class. Classes not meeting their minimum enrollment will be cancelled.

**Registration Fees:** Program fees are listed throughout the program guide. All fees are due at the time of registration. Fees will not be prorated for missed classes.

**Class Attendance and punctuality:** Attendance is limited to individuals enrolled in the program. No make-up classes will be offered. It is essential to be on time. If a participant is late to class, they will need to check with the office to determine if they can join the course as long as the class is in the warm-up portion of the class. If a class has commenced the skill portion of the class, the participant will be asked to attend the next scheduled class.

**Liability waiver:** To register, you will need to agree to the liability waiver included in the registration packet.

**Waiting Lists:** Wait lists are created for filled classes. You may place yourself in a wait list if available. If a space becomes available, you will be contacted.

**No Class/Holiday Dates:** If a program has a scheduled no-class date, it will be listed under the class description.

Upcoming City Holidays & No-class dates:

Sept. 9, 2024  
Oct. 31, 2024  
Nov. 11, 14, 25-28, 2024  
Dec. 2, 9-31, 2024  
Jan. 1-2, 20, 2025  
Feb. 17, 2025  
Mar. 31, 2025  
Apr. 19-25, 2025  
May 26, 2025

Open Gym will be open during the following non-class dates:  
December 9 - December 19, 2024

**Photographic Release:** The City of Calexico Recreation Department reserves the right to photograph and/or record department classes, activities, events, and participants for brochures, media posts, or other publicity. By registering in programs, you authorize the City of Calexico to take photographs and/or video for these purposes. Please inform the office if you wish to opt out.

**Class Cancellations/Refunds:** A 100% refund will only be granted if a class is cancelled by the Recreation Department. Refund requests must be requested before a class start date, no refunds will be issued once classes have started. If granted, refunds may take 4-8 weeks to process. No cash refunds will be issued.

**Class Transfers:** Transfers may be approved under certain limited conditions.

**We Love Parents But:** Keeping your child's best interest in mind, parents are asked to not be in the classroom during programs. Thank you for understanding.

**Behavior:** Participants are expected to show appropriate behavior at all times. Let's make programs at Recreation & Cultural Arts safe and enjoyable for all participants.

- 1) Show respect to all participants and staff.
- 2) No foul language allowed.
- 3) Refrain from causing bodily harm to participants or staff.
- 4) Show respect for equipment and supplies. Participants not showing proper behavior or are distracting the class will be asked to leave the program.
- 5) Being late to class is a form of distracting class.





# OPEN GYM

THE PROGRAM RUNS FROM SEPT. 3, 2024 - JUNE 8, 2025.  
FREE PLAY! THIS DROP-IN ACTIVITY IS DESIGNED FOR RECREATION PLAYERS.  
LOCATION: TESSADA GYM 824 BLAIR AVE.

ADMISSION: MINORS \$1.00 & ADULTS \$2.00 (WE ARE NOW CASHLESS)  
PUNCH CARDS MUST BE PURCHASED ONLINE OR ON SITE IN ORDER TO PARTICIPATE.

BRING A WATER BOTTLE  
COACH: JAMIE ANN CHEW & STAFF

## YOUTH BASKETBALL OPEN GYM

AGES: 6-12 yrs.  
DAYS: Wednesdays  
TIME: 6:00 PM - 7:45 PM

## YOUTH VOLLEYBALL OPEN GYM

AGES: 9-12 yrs.  
DAYS: Mondays  
TIME: 6:00 PM - 7:45 PM

## TEEN BASKETBALL OPEN GYM

AGES: 13-17 yrs.  
DAYS: Wednesdays  
TIME: 8:00 PM - 9:45 PM

## TEEN VOLLEYBALL OPEN GYM

AGES: 13-17 yrs.  
DAYS: Mondays  
TIME: 8:00 PM - 9:45 PM

## DODGEBALL

AGES: 6-12 yrs.  
DAYS: Tuesdays  
TIME: 6:00 PM - 7:45 PM

## ADULT BASKETBALL OPEN GYM

AGES: 18+ yrs. (must be out of high school)  
DAYS: Thursdays  
TIME: 8:10 PM-10:00 PM  
Sep. 5, 2024 - Dec. 19, 2024  
**Registration Date: August 21, 2024**

## ADULT VOLLEYBALL OPEN GYM

AGES: 18+ yrs. (must be out of high school)  
DAYS: Tuesdays  
TIME: 8:00 PM - 10:00 PM

DAYS: Sundays  
TIMES: 6:00 - 8:00 PM  
Jan. 5, 2025 - Jun 8, 2025  
**Registration Date: December 18, 2024**



No Open Gym on: Sep. 9; Oct. 31; Nov. 11, 14, 25-28; Dec 2, Dec. 20-31, 2024;  
Jan. 1, 2, 20; Feb 17; Mar. 31; Apr. 19- 24, May 26, 2025.

# YOUTH CLINICS & LEAGUES

## BASKETBALL CLINICS

Boys and Girls  
Saturdays & Sundays

4-10 yrs. : 10:00 AM - 11:00 AM  
11-17 yrs. : 11:00 AM - 12:00 PM

1st Session: Jan. 4, 5, 11, 12, 2025  
2nd Session: Jan. 19 (2 hrs.), 25, 26, 2025  
3rd Session: Feb. 1, 2, 8, 9, 2025  
4th Session: Feb. 16, (2 hrs.), 22, 23, 2025  
5th Session: Mar. 1, 2, 8, 9, 2025  
6th Session: Mar. 15, 16, 22, 23, 2025

FEE: \$20.00 per session  
LOCATION: Tessada Gym, 824 Blair Ave.  
INSTRUCTOR: Jamie Ann Chew and Staff  
**Registration Date: Starting December 18, 2024**

Participants must bring their own water bottle.  
Children will learn the basic fundamentals of Basketball.



## YOUTH VOLLEYBALL LEAGUE

Grades: 3rd - 5th  
6th - 8th

FEE: \$30.00 per player  
PRACTICE DAYS: Saturdays. Practice starts Jan. 4th, 2025  
PRACTICE TIMES: 3rd - 5th grade 1:00 PM - 2:30 PM  
6th - 8th grade 2:45 PM - 4:15 PM

GAME DAYS: Sundays: January - Mid March, 2025  
GAME TIMES: 3rd - 5th grade: 1:00 PM - 3:00 PM  
6th - 8th grade: 3:00 PM - 5:00 PM

LOCATION: Tessada Gym, 824 Blair Ave.  
**Registration Date: Starting August 21, 2024**

Coach: Jamie Ann Chew & volunteers  
Each player gets a numbered T-shirt for games.  
Participants must bring a water bottle

## YOUTH BASKETBALL LEAGUE

Grades: 4th - 6th grade  
7th - 8th grade

FEE: \$30.00 per player  
PRACTICE DAYS: Saturday. Practice starts March 15, 2025  
PRACTICE TIMES: 4th - 6th grade 1:00 PM - 2:30 PM  
7th - 8th grade 2:45 PM - 4:15 PM

GAME DAYS: Sundays: Mid March - May, 2025  
GAME TIMES: 4th - 6th grade: 1:00 PM - 3:00 PM  
7th - 8th grade: 3:00 PM - 5:00 PM

LOCATION: Tessada Gym, 824 Blair Ave.  
**Registration Date: Starting December 18, 2024**

Coach: Jamie Ann Chew & Volunteers  
Each player gets a numbered T-shirt for games.  
Participants must bring a water bottle.  
No Class on: Apr. 19 & 20, 2025



# INCLUSIVE PROGRAMMING

At the Recreation Department, we believe in the power of inclusive programming. Our goal is to create a safe and welcoming space where individuals of different abilities can come together, stay involved, and be active. These activities are open exclusively to individuals with special needs.

## INCLUSIVE FITNESS FUSION: PARENT-CHILD FITNESS CLASS



AGES: 7 - 14 yrs. (Parent/guardian must participate in class).

DAYS: Twice a month, Tuesdays: Sept. 10, 24; Oct. 8, 22; Nov. 5, 19, 2024; Jan. 7, 21; Feb. 4, 18; Mar. 4, 18; Apr. 1, 15, 2025.

TIME: 4:00 PM - 4:50 PM

FEE: \$25.00 one-time registration fee.

LOCATION: Community Center, 707 Dool Ave.

INSTRUCTOR: Coach Jamie and Staff

Your child will benefit from the inclusive fusion which provides a safe routine and is a physical outlet that boosts self-esteem. Please bring a water bottle.

## INCLUSIVE BASKETBALL CLINICS

Boys and Girls  
7-16 yrs.

Thursdays 6:15 PM - 7:15 PM

1st Session: Sept. 5, 12, 19, 26, 2024

2nd Session: Oct. 3, 10, 17, 24, 2024

**Registration Date: August 21, 2024**

Saturdays & Sundays 9:00 AM - 9:50 AM

3rd Session: Jan. 4, 5, 11, 12, 2025

4th Session: Jan. 25, 26, Feb. 1, 2, 2025

5th Session: Feb. 8, 9, 22, 23, 2025

**Registration Date: December 18, 2024**

FEE: \$20.00 per session

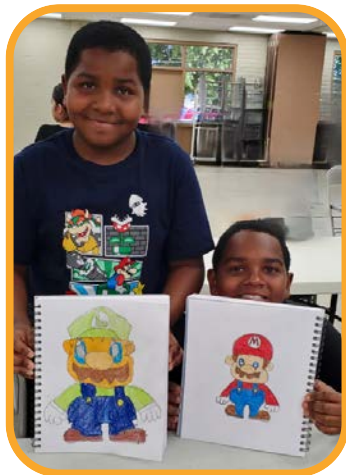
LOCATION: Tessada Gym, 824 Blair Ave.

INSTRUCTOR: Jamie Ann Chew and Staff



Participants will learn the basic fundamentals of Basketball.





### **INCLUSIVE SKETCHING WITH CHEW**

AGES: 7-15 yrs.  
DAYS: Tuesdays: Sept. 3, 17; Oct. 1, 15, 29; Nov. 12; Dec. 3, 2024;  
Jan. 14, 28; Feb. 11, 25; Mar. 11, 25; Apr. 8, 29, 2025

TIMES: 4:00 PM-4:50 PM

FEE: \$25.00 one-time registration fee.  
LOCATION: Community Center, 707 Dool Ave.  
INSTRUCTOR: Jamie Ann Chew & staff

Follow Jamie on this step-by-step sketching program. Participants will need to bring their own sketch pad/paper, crayons/color pencils, and a sharpener.

### **INCLUSIVE ARTS**

AGES: 12 + yrs.  
DAYS: Tuesdays, Sept. 3, 17; Oct. 1, 15, 29; Nov. 12; Dec. 3, 2024;  
Jan. 14, 28; Feb. 11, 25; March 11, 25; Apr. 8, 29, 2025

TIME: 12 yrs. - 17 yrs. 3:00 PM - 3:50 PM  
Adults 18+yrs. 1:00 PM - 1:50 PM

FEE: \$25.00 one-time registration fee.  
LOCATION: Carmen Durazo Cultural Arts Center, 421 Heffernan Ave.  
INSTRUCTOR: Eduardo Quintero

Note: Art materials will be provided.  
This class will help develop artistic abilities to promote personal development.





## FITNESS FOR THE FUN OF IT

AGES: 3-6 yrs.  
DAYS: Mondays & Wednesdays  
TIME: 4:00 PM - 4:50 PM

Session I: Sept. 11, 16, 18, 23, 25, 30, 2024  
Session II: Oct. 30; Nov. 4, 6, 13, 18, 20, 2024  
Session III: Feb. 3, 5, 10, 12, 19, 24, 26, 2025  
Session IV: Apr. 2, 7, 9, 14, 16, 28, 30, 2025

FEE: \$25.00 per session  
LOCATION: Sr. Hall, 707 Dool Ave.  
INSTRUCTOR: Jamie Ann Chew and staff



The class will feature warm-ups, stretching, dancing, and several cooperative activities that promote color, number, and shape recognition. Please bring a water bottle.

## LEARNING AND PLAYING THROUGH ART

AGES: 5-6 yrs.  
DAYS: Wednesdays  
TIME: 3:30 PM - 4:20 PM

SESSION I: Sept. 4 - Oct. 30, 2024  
SESSION II: Nov. 6, 2024 - Feb. 12, 2025  
SESSION III: Feb. 19 - Apr. 30, 2025

FEE: \$35.00 per session (materials included)  
INSTRUCTOR: Angelica Angulo

Parents are encouraged to stay and participate with their child.  
LOCATION: Carmen Durazo Cultural Arts Center, 421 Heffernan Ave.

Note: The class is in Spanish.  
Art class for preschool children. This class will help develop skills such as creativity, following instructions, curiosity, discipline, and values such as sharing, socializing, and forming reflective thinking.

No class on: Nov. 27; Dec. 11, 18, 25, 2024; Jan. 1; Apr. 23, 2025



## BALLET DANCE

Ballet I Ages: 5-9 yrs. FEE: \$25.00 per month.  
Mondays & Thursdays 4:00 PM - 4:50 PM

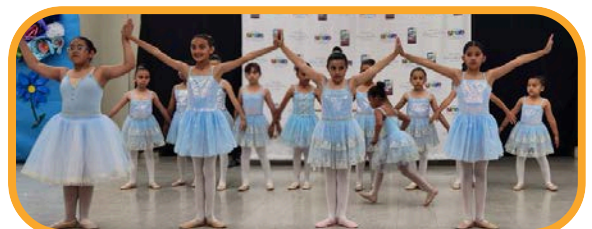
Ballet II Ages: 6-10 yrs. FEE: \$15.00 per month.  
Wednesdays 6:00 PM - 6:50 PM

LOCATION: Carmen Durazo Cultural Arts Center, 421 Heffernan Ave.  
INSTRUCTOR: Laura A. Vargas

Note: The class will be in Spanish.  
Participants will learn the basic steps such as first position, second position, relevé, and barre exercises.

Required for class: Leotard, tights, ballet shoes, yoga mat, and hair picked up in a bun.

No Classes on: Sept. 9; Oct. 31; Nov. 11, 14, 25, 27, 28;  
Dec. 2, 9, 11, 12, 16, 18, 19, 23, 25, 26, 30, 2024;  
Jan. 1, 2, 20; Feb. 17; Mar. 31; Apr. 21, 23, 24, 2025



## KIDS NIGHT OUT



AGES: 5-12 yrs.  
DAYS: Fridays  
TIMES: 6:00 PM - 10:00 PM  
DATES: September 13; October 11, November 8, 2024;  
January 17; March 14, 2025

FEE: \$10.00 per night  
LOCATION: Community Center, 707 Dool Ave.  
INSTRUCTOR: Jamie Ann Chew & Staff

Join us for some board games, crafts, indoor activities, movies, and a snack.

## POLYNESIAN DANCE

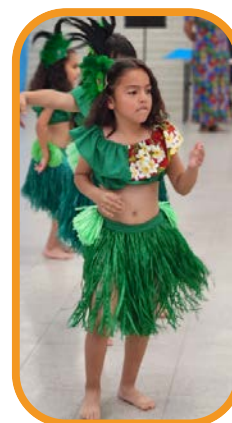
AGES: 6-17 yrs.  
DAYS: Mondays & Thursdays  
TIMES: 5:00 PM - 5:50 PM

FEE: \$25.00 per month.  
LOCATION: Carmen Durazo Cultural Arts Center, 421 Heffernan Ave.  
INSTRUCTOR: Laura A. Vargas

Note: The class will be in Spanish.  
Participants will learn the basic steps of Hula Ori Tahiti. They will also learn to dance an Otea. They will learn about the Hawaiian instrument IPU and the Tahitian instrument Toere.

Required for class: T-shirt, Pareo wrap, and hair picked up in a bun.

No Classes on Sept. 9; Oct. 31; Nov. 11, 14, 25, 28; Dec. 2, 9, 12, 16, 19, 23, 26, 30, 2024;  
Jan. 2, 20; Feb. 17; Mar. 31; Apr. 21, 24, 2025



## BALLET DANCE WITH DANIELA

AGES: 7-10 yrs.  
DAYS: Mondays & Wednesdays  
TIMES: 3:00 PM - 3:50 PM

FEE: \$ 25.00 per month.  
LOCATION: Calexico Community Center, 707 Dool Ave.  
INSTRUCTOR: Ana Daniela Muñoz

Participants will learn the basics of ballet, body positioning, terminology steps, and musicality.

Required for class: Leotard, tights, ballet shoes, yoga mat, and hair picked up in a bun.

No Classes on: Sept. 9; Nov. 11, 25, 27; Dec. 2, 9, 11, 16, 18, 23, 25, 30, 2024;  
Jan. 1, 20; Feb. 17; Mar. 31; Apr. 21, 23, 2025



## GYMNASTICS

AGES: 7-10 yrs.  
DAYS: Mondays & Wednesdays  
TIMES: 4:00 PM - 4:50 PM

FEE: \$ 25.00 per month  
LOCATION: Community Center, 707 Dool Ave.  
INSTRUCTOR: Ana Daniela Muñoz

Children will learn the basics of Gymnastics through strengthening exercises and flexibility.

No Classes on: Sept. 9; Nov. 11, 25, 27; Dec. 2, 9, 11, 16, 18, 23, 25, 30, 2024;  
Jan. 1, 20; Feb. 17; Mar. 31; Apr. 21, 23, 2025.



## KARATE KOFUJA-DO

AGES: 8-15 yrs.  
DAYS: Tuesdays & Thursdays

Advanced: 5:00 PM-5:50 PM  
Beginners: 6:00 PM-6:50 PM

FEE: \$ 25.00 per month  
LOCATION: Sr. Hall, 707 Dool Ave.  
INSTRUCTOR: Carlos Valencia

Karate provides a full-body workout while improving strength and condition.

No Class on: Oct. 31; Nov. 14, 26, 28; Dec. 10, 12, 17, 19, 24, 26, 31, 2024;  
Jan. 2; Apr. 22, 24, 2025



## CHEWS FROM THE HEART

Grade: 6th - 12th  
DAYS: Thursdays  
TIMES: 6:00 PM - 7:30 PM

DATES:  
Workshop 1: Nov. 7 - Dec. 12, 2024  
Workshop 2: Jan. 30 - Feb. 27, 2025  
Workshop 3: April 10 - May 15, 2025

FEE: Free (must apply to join)  
LOCATION: Sr. Craft Room, 707 Dool Ave.  
INSTRUCTOR: Jamie Ann Chew

Calling on all young artists! Join Jamie Chew and the Color Crusaders in designing and painting custom shoes for a great cause. Participants will be selected.

Each artist will create uniquely customized designs based on the preferences chosen by the recipient. Shoes and all painting materials will be provided.

No Class on: Nov. 14, 28; Dec. 12, 2024; Apr. 24, 2025



## BAKING FOR TEENS

AGES: 13-17 yrs.  
DAYS: Thursdays  
TIME: 4:00 PM - 5:50 PM

FEE: \$15.00 per session  
LOCATION: Community Center, 707 Dool Ave.  
INSTRUCTOR: Zaida Sinohue

DATES:  
Session I: Sept. 19, 2024 (marmalades and fillings: ganache & custards)  
Session II: Oct. 17, 2024 (turnovers, empanadas)  
Session III: Nov. 7, 2024 (tarts with fruit filling)  
Session IV: Jan. 16, 2025 (Carlota de Limon)  
Session V: Feb. 13, 2025 (apple pie)  
Session VI: Mar. 13, 2025 (carrot cake)  
Session VII: Apr. 17, 2025 (crepe cake)  
Session VIII: May. 1, 2025 (simple cheesecake)

Required for class: A list of ingredients will be provided. Please see the Recreation Office for a list of ingredients needed for each class. Participants must provide their own apron.

Participants will learn to make amazing baked goods and will take them home after class.





## ZUMBA FOR ALL



AGES: 7 yrs. and over (minors 7 -12 yrs. must be accompanied by a participating adult)

DAYS: Mondays - Thursdays

TIME: 6:00 PM - 6:50 PM

FEE: \$35.00 per month (Adults & Seniors)

\$25.00 per month (Minors 7-17 yrs.)

LOCATION: Community Center, 707 Dool Ave.

INSTRUCTOR: Erika Robledo

Help us keep you fit and active as you work out and dance with Erika.

Note: The class will be in Spanish.

No Classes on: Sep. 9; Oct. 31; Nov. 11, 14, 25-28; Dec. 2, 9-12, 16-19, 23-26, 30, 31, 2024;  
Jan. 1, 2, 20; Feb. 17; Mar. 31; Apr. 21-24, 2025.

## KEYBOARD

AGES: 10 +

DAYS: Thursdays

TIMES: 6:00 PM - 6:50 PM

7:00 PM - 7:50 PM

FEE: \$15.00 per month.

Seniors 55+: \$5.00 per month

LOCATION: Carmen Durazo Cultural Arts Center, 421 Heffernan Ave.

INSTRUCTOR: Jesus Hernandez

Required for class: Keyboard with batteries.

A practical and simple method will be used in which students will learn the basics.

No Class on: Oct. 31; Nov. 14, 28; Dec. 12, 19, 26, 2024; Jan. 2; Apr. 24, 2025



## GUITAR FOR BEGINNERS



AGES: 12 +

DAYS: Mondays & Tuesdays

TIME: 6:00 PM - 6:50 PM

FEE: \$25.00 per month.

Seniors 55+: \$5.00 per month

LOCATION: Sr. Craft Room, 707 Dool Ave.

INSTRUCTOR: Jesus Gongora

Required for class: Acoustic Guitar, notepad and pencil.

Students will learn the basics such as chords, and finger strumming, and will learn to play a song.

No Classes on: Sep. 9; Nov. 11, 25, 26; Dec. 2, 9, 10, 16, 17, 23, 24, 30, 31, 2024;  
Jan. 20; Feb. 17; Mar. 31; Apr. 21, 22, 2025.



## ARTISTIC DRAWING

AGES: 12 +

DAYS: Wednesdays

TIMES: 4:30 PM - 5:50 PM

FEE: \$25.00 per month (Materials included)

LOCATION: Carmen Durazo Cultural Arts Center, 421 Heffernan Ave.

INSTRUCTOR: Angelica Angulo

Note: The class will be taught in Spanish.

The drawing class is designed for students beginning to love art. in this creative environment, they can develop and explore the ability of different techniques such as pencil drawing and the scale of grays from other graphite qualities.

No Class on: Nov. 27; Dec. 11, 18, 25, 2024; Jan. 1; Apr. 23, 2025





## ACTING AND IMPROVISATION



AGES: 12+ yrs.  
DAYS: Wednesdays  
TIME: 7:00 PM - 7:50 PM

FEE: Free  
LOCATION: Carmen Durazo Cultrual Arts Center, 421 Heffernan Ave.  
INSTRUCTOR: Bill Hodge

Excellent opportunity to gain the ability and confidence to express yourself.

No Class on: Nov. 27; Dec. 11, 18, 25, 2024; Jan. 1; Apr. 23, 2025

## CARDIO KICKBOXING

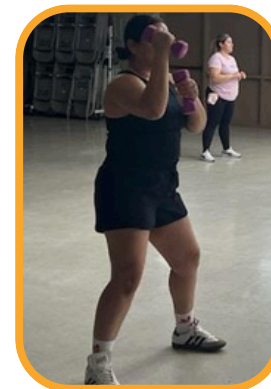
AGES: 13 + years  
DAYS: Tuesdays & Thursdays  
TIMES: 7:00 PM - 7:50 PM

Dates:  
Sep. 3, 2024 - Dec 5, 2024 (Registration date: Aug. 20/21, 2024)  
Jan. 7, 2025 - May 1, 2025 (Registration date: Dec. 17/18, 2024)

FEE: \$25.00 per month  
LOCATION: Community Center, 707 Dool Ave.  
INSTRUCTOR: Alieen Fugueman

A 50-minute cardio with a core and stretch ending.  
Enjoy a high intensity cardio kickboxing class guaranteed to push every fitness level.

No class on: Oct. 31; Nov. 14, 26, 28, 2024; Apr. 22, 24, 2025



## PILATES

AGES: 16+ yrs. and over  
DAYS: Monday & Wednesdays  
TIMES: 7:00 PM - 7:50 PM

FEE: \$25.00 per month.  
LOCATION: Senior Hall, 707 Dool Ave.  
INSTRUCTOR: Ana Daniela Muñoz

Pilates is a form of exercise that concentrates on strengthening the body with an emphasis on core strength. Come discover what Pilates can do for you! Space limited.

Equipment needed: Fitness mat, fitness ball 65" and resistance bands.  
No class on: Sep. 9; Oct. 31; Nov. 11, 14, 25-28, 2024;  
Dec. 2, 9-12, 16-19, 23-26, 30, 31, 2024;  
Jan. 1, 2, 20; Feb. 17; Mar. 31; Apr. 21-24, 2025



**PERSONAL MOTIVATION**



AGES: Adults & Seniors  
 DAYS: Wednesdays  
 TIME: 6:00 PM- 6:50 PM

FEE: Free  
 LOCATION: Sr. Hall, 707 Dool Ave.  
 INSTRUCTOR: Luis Flores

Inspiring volunteer therapist, Luis Flores, leads this motivational group.

No class on: Nov. 27; Dec. 11, 18, 25, 2024; Jan. 1; Apr. 23, 2025.

**CRAFTS, SEWING AND MORE**

AGES: Adults & Seniors  
 DAYS: Wednesdays 6:00 - 8:00 p.m.

FEE: Adults 18-54 yrs: \$15.00 per session  
 Seniors 55+: \$5.00 per session

INSTRUCTOR: Maria Curiel  
 LOCATION: Senior Craft Room, 707 Dool Ave.

**DATES:**

Session 1: Sept. 11 & 18, 2024

Craft project: Piñata muñeca Lele

Session 2: Sept. 25 & Oct. 2, 2024

How to use a sewing machine/Measurements/DIY Apron

Session 3: Oct. 9 & 16, 2024

Craft project Catrina doll

Session 4: Oct. 23 & 30, 2024

Sewing project: shorts/pants

Session 5: Nov. 6 & 13, 2024

Craft/Sewing project: Thanksgiving tablecloth and napkins

Session 6: Nov. 20 & Dec. 4, 2024

Craft/Sewing project: Christmas Centerpiece and Christmas tree skirt

Session 7: Jan. 8 & 15, 2025

Craft project: decorate shoes with faux stones and pearls

Session 8: Jan. 22 & 29, 2025

Craft project: bows and headbands

Session 9: Feb. 5 & 12, 2025

Sewing project: Tulle skirt/ canvas Frida bag

Session 10: Feb. 19 & 26, 2025

Craft Project DIY hand-painted hat

Session 11: Mar. 5 & 12, 2025

Sewing project: different sleeve styles/ how to hem pants

Session 12: Mar. 19 & 26, 2025

Sewing project: circular skirt/ blouse

Session 13: Apr. 2 & 9, 2025

Craft project: how to decorate a dessert table/balloon arch

Session 14: Apr. 16 & 30, 2025

Craft Project: Eternal flowers

This class will sure be fun!! Learn a new craft/sewing skill with easy to follow tutorials.

Note: Class will be in Spanish. Participants need to bring their own sewing machine. Material not provided, a list of materials will be available at Recreation office.



**YOGA**

AGES: Adults & Seniors  
 DAYS: Mondays & Wednesdays

TIME: Option 1: 5:00 PM - 5:50 PM  
 Option 2: 7:00 PM - 7:50 PM

DATES:  
 Sept. 4, 2024 - Dec 4, 2024 (Registration date: Aug. 20/21, 2024)  
 Jan. 6, 2025 - April 30, 2025 (Registration date: Dec. 17/18, 2024)

FEE: \$25.00 per month, per option - Adults 18+  
 \$ 5.00 per month, per option - Seniors 55+

LOCATION: Community Center, 707 Dool Ave.  
 INSTRUCTOR: Gabriela Ramirez

Reduce anxiety and stress with Yoga. All levels are welcome. Bring your own yoga mat.  
 Note: participants can only register for one (1) option.

No Classes on: Sept. 9; Nov. 11, 25, 27; Dec. 2, 2024; Jan. 20; Feb. 17; Mar. 31; Apr. 21, 23, 2025.



**HULA DANCE**

AGES: Adult & Seniors  
 DAYS: Mondays & Thursdays  
 TIMES: 1:00 PM-1:50 PM

FEE: Adults: \$25.00 a month.  
 Seniors 55+: \$5.00 a month.

LOCATION: Carmen Durazo Cultural Arts Center, 421 Heffernan Ave.  
 INSTRUCTOR: Laura A. Vargas

Participants will learn to coordinate their bodies to dance the Hula. This class helps with body movement coordination and provides an excellent opportunity to stay healthy.

Note: The class will be taught in Spanish.

No Classes on: Sep. 9; Oct. 31; Nov. 11, 14, 25, 28; Dec. 2, 9, 12, 16, 19, 23, 26, 30, 2024;  
 Jan. 2, 20; Feb. 17; Mar. 31; Apr. 21, 24, 2025

**FOLKLORIC DANCE**

AGES: Adults & Seniors  
 DAYS: Tuesdays & Thursdays

TIME: 10:30 AM - 11:20 AM

FEE: Adults: \$25.00 per month.  
 Seniors 55+: \$5.00 per month.

LOCATION: Carmen Durazo Cultural Arts Center, 421 Heffernan Ave.  
 INSTRUCTOR: Socorro Mendiola

Learn about this beautiful dance and its techniques; arm, head, and waist movement, stomping, and turns. Folkloric dance skirts will be provided for practice.

Required for class: Folkloric dance shoes. Note: The class will be taught in Spanish

No Class on: Oct. 31; Nov. 14, 26, 28; Dec. 10, 12, 17, 19, 24, 26, 31, 2024; Jan. 2; Apr. 22, 24, 2025.



**FOLKLORIC DANCE GROUP**

AGES: Adults & Seniors  
 DAYS: Tuesdays & Thursdays  
 TIME: 11:30 AM - 12:20 PM

Do you have Folkloric Dance experience?  
 Talk to our staff in regards to joining the group.

REGISTRATION FEE: Adults: \$25.00  
 Seniors 55+: \$5.00







## ACRYLIC PAINTING

AGES: Adults & Seniors  
DAYS: Wednesdays

Beginners: 10:00 AM - 11:50 AM  
Intermediate: 12:00 PM - 1:50 PM

FEE: Adults: \$15.00 a month.  
Seniors 55+: \$5.00 a month

LOCATION: Carmen Durazo Cultural Arts Center, 421 Heffernan, Ave.  
INSTRUCTOR: Angelica Angulo

A course in which students will learn the acrylic painting technique of colors, textures, blurring of color range, handling of light and shadow, and more! This will be a creative fun space for you to be!

Materials Needed: A list of materials needed for class will be provided by the instructor.

Note: The class will be taught in Spanish.  
No class on: Nov. 27; Dec. 11, 18, 25, 2024; Jan. 1; Apr. 23, 2025.

## TAI CHI

AGES: 18 yrs. and over  
DAYS: Mondays - Thursdays  
TIMES: 7:00 AM - 7:50 AM

FEE: Adults \$35.00 per month.  
Seniors 55+ \$5.00 per month.

DATES:  
Sep. 3, 2024 - Dec. 5, 2024 (Registration date: Aug. 20/21, 2024)  
Jan. 6, 2025 - Apr. 30, 2025 (Registration date: Dec. 17/18, 2024)

LOCATION: Community Center, 707 Dool Ave.  
INSTRUCTOR: Marco Calderon

Tai Chi is an art embracing the mind body and spirit.  
Begin your journey to better Health. Space limited.

No class on: Sep. 9; Oct. 31; Nov. 11, 14, 25-28; Dec. 2, 2024;  
Jan. 20; Feb. 17; Mar. 31; Apr. 21-24, 2025.



## SENIOR ARTS & CRAFTS

AGES: Seniors 55+  
DAYS: Mondays & Wednesdays  
TIME: 9:00 AM - 11:50 AM

FEE: \$5.00 per month.  
LOCATION: Senior Craft Room, 707 Dool Ave.  
INSTRUCTOR: Rosa Romero

Join us and learn to create great arts & crafts pieces for your home or to gift to others. No experience is needed.

No Classes on: Sep. 9; Nov. 11, 25, 27; Dec. 2, 9, 11, 16, 18, 23, 25, 30, 2024;  
Jan. 1, 20; Feb. 17; Mar. 31; Apr. 21, 23, 2025



## BAKING FOR ADULTS

AGES: Adults & Seniors  
DAYS: Thursdays  
TIME: 10:30 AM - 12:30 PM

FEE: \$15.00 per session  
LOCATION: Community Center, 707 Dool Ave.  
INSTRUCTOR: Zaida Sinohue

DATES:  
Session I: Sept. 19, 2024 (marmalades and fillings: ganache & custards)  
Session II: Oct. 17, 2024 (turnovers, empanadas)  
Session III: Nov. 7, 2024 (tarts with fruit filling)  
Session IV: Jan. 16, 2025 (Carlota de Limon)  
Session V: Feb. 13, 2025 (apple pie)  
Session VI: Mar. 13, 2025 (carrot cake)  
Session VII: Apr. 17, 2025 (crepe cake)  
Session VIII: May. 1, 2025 (simple cheesecake)

Required for class: A list of ingredients will be provided. Please see the Recreation Office for a list of ingredients needed for each class. Participants must provide their own apron.

Participants will learn to make amazing baked goods and will take them home after class.



## SENIOR AEROBICS

AGES: Seniors 55+  
DAYS: Monday-Thursday  
TIMES: 9:10 AM - 10:00 AM

Dates:  
Sep. 3 - Dec. 5, 2024 (Registration date: Aug. 20, 2024)  
Jan. 6 - May 1, 2025 (Registration date: Dec. 17, 2024)

FEE: \$5.00 per month.  
LOCATION: Community Center, 707 Dool Ave.  
INSTRUCTOR: Leticia Lira

Aerobics strengthens the heart and improves overall fitness.

No Classes on: Sep. 9; Oct. 31; Nov. 11, 14, 25-28; Dec. 2, 2024;  
Jan. 20; Feb. 17; Mar. 31; Apr. 21-24, 2025.

## ZUMBA GOLD

AGES: Seniors 55+  
DAYS: Monday - Thursday  
TIME: 8:10 AM- 9:00 AM

Dates:  
Sep. 3. - Dec. 5, 2024 (Registration date: Aug. 21, 2024)  
Jan. 6 - May 1, 2025 (Registration date: Dec. 17, 2024)

FEE: \$5.00 a month.  
LOCATION: Community Center, 707 Dool Ave.  
INSTRUCTOR: Jacqueline Macias

Dance through your workout session with Jacky. This class is a fun way to start your morning while keeping active and healthy.

No Classes on: Sep. 9; Oct. 31; Nov. 11, 14, 25-28; Dec. 2, 2024;  
Jan. 20; Feb. 17; Mar. 31; Apr. 21-24, 2025.



## BINGO

AGES: Seniors 55+  
DAYS: Tuesdays & Thursdays  
TIME: 9:00 AM - 10:50 AM

FEE: Free  
LOCATION: Senior Craft Room, 707 Dool Ave.  
INSTRUCTOR: Rec Staff & Volunteers

Enjoy a morning of fun with bingo, a game of chance.

No Class on: Oct. 31; Nov. 14, 26, 28; Dec. 10, 12, 17, 19, 24, 26, 31, 2024;  
Jan. 2; Apr. 22, 24, 2025.



## CROCHET CLUB

AGES: Seniors 55+  
DAYS: Thursdays  
TIMES: 4:00 PM - 5:50 PM

FEE: Free  
LOCATION: Senior Craft Room, 707 Dool Ave.

Note: This is a club and not an instructional class. If you enjoy crocheting, then this is the club for you. Share with others your patterns and get ideas for new projects.

No Class on: Oct. 31; Nov. 14, 28; Dec. 12, 19, 26, 2024; Jan. 2; Apr. 24, 2025.

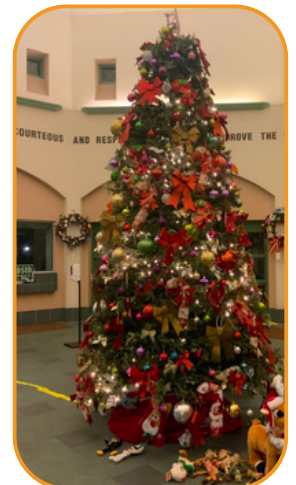


# Upcoming Events

## RECREATION DEPARTMENT

August 27, 2024	Paint Night (Viva Mexico!)	5:00 PM – 7:00 PM	CDCAC
September 6, 2024	Sr. Grandparent's Day Dance	6:00 PM – 9:00 PM	CC
September 10, 2024	Viva Mexico! Event, Art Exhibit-Music	5:30 PM – 7:30 PM	CDCAC
September 27, 2024	Noche Bohemia	6:00 PM – 9:00 PM	CC
October 1, 2024	Paint Night (Breast Cancer Month)	5:00 PM – 7:00 PM	CDCAC
October 8, 2024	Binational Art Exhibit	5:30 PM – 7:30 PM	CDCAC
October 15, 2024	Paper Flower Workshop	5:00 PM – 7:00 PM	CDCAC
October 22, 2024	Papel Picado Workshop	5:00 PM – 7:00 PM	CDCAC
October 25, 2024	Sr. Halloween Dance	6:00 PM – 9:00 PM	CC
October 29, 2024	Altar Dia de Muertos Event	5:30 PM – 7:30 PM	CDCAC
October 31, 2024	Halloween Carnival	4:00 PM – 6:00 PM	CC
November 1, 2024	Noche Bohemia	6:00 PM – 9:00 PM	CC
November 19, 2024	Paint Night (Autumn)	5:00 PM – 7:00 PM	CDCAC
December 3, 2024	Paint Night (Winter)	5:00 PM – 7:00 PM	CDCAC
December 20, 2024	Sr. Christmas Dance	6:00 PM – 9:00 PM	CC

CDCAC - Carmen Durazo Cultural Arts Center  
 CC - Community Center





# Upcoming Events

## RECREATION DEPARTMENT

January 7, 2025	Paint Night (Black and White)	5:00 PM - 7:00 PM	CDCAC
January 18, 2025	Playmania	10:00 AM - 12:00 PM	Crummett Park
January 21, 2025	Chinese New Year Event	5:30 PM - 7:30 PM	CDCAC
January 24, 2025	Noche Bohemia	6:00 PM - 9:00 PM	CC
February 4, 2025	Paint Night (Valentine's Day)	5:00 PM - 7:00 PM	CDCAC
February 11, 2025	Black and White Art Exhibit	5:30 PM - 7:30 PM	CDCAC
February 15, 2025	Tiny Tots	10:00 AM - 12:00 PM	Crummett Park
February 28, 2025	Sr. Mardi Gras Dance	6:00 PM - 9:00 PM	CC
March 4, 2025	Paint Night (Women's Day)	5:00 PM - 7:00 PM	CDCAC
March 18, 2025	Women's Day Art Exhibit	5:30 PM - 7:30 PM	CDCAC
March 21, 2025	Noche Bohemia	6:00 PM - 9:00 PM	CC
March 29, 2025	Daddy Daughter Dance	6:00 PM - 9:00 PM	CC
April 1, 2025	Paint Night (Children's Day)	5:00 PM - 7:00 PM	CDCAC
April 5, 2025	Easter Egg Hunt	9:00 AM - 11:00 AM	Crummett Park
April 11, 2025	Noche Bohemia	6:00 PM - 9:00 PM	CC
April 15, 2025	It's a Lego World Art Exhibit	5:30 PM - 7:30 PM	CDCAC
May 5-8, 2025	End of Program Recitals	5:30 PM - 7:00 PM	CC
May 9, 2025	Mother's Day Dance	6:00 PM - 9:00 PM	CC
May 31, 2025	Mother Son Dance	6:00 PM - 9:00 PM	CC
June 6, 2025	Noche Bohemia	6:00 PM - 9:00 PM	CC

CDCAC - Carmen Durazo Cultural Arts Center

CC - Community Center







**COMMUNITY CENTER  
CAPACITY: 320 PEOPLE  
\$600.00**

Are you planning an event or party celebration?  
Halls are reserved on a first-come, first-serve basis  
with a \$100 non-refundable reservation fee.

Reservations will not be taken over the phone.  
Please call the office at (760) 768-2176 for more information.



**SENIOR HALL  
CAPACITY: 160 PEOPLE  
\$450.00**

Are you planning an event or party celebration?  
Halls are reserved on a first-come, first-served basis  
with a \$100 non-refundable reservation fee.

Reservations will not be taken over the phone.  
Please call the office at (760) 768-2176 for more information.



**CITY PARKS AND FIELDS ARE AVAILABLE FOR RESERVATION ON  
A FIRST-COME, FIRST-SERVED BASIS, WHEN NOT  
OTHERWISE RESERVED.**

Park reservations must be submitted at least seven days  
in advance. Consumption of alcohol is not authorized .

Fees:

\$50.00 for up to 4 hours of use.

Use of electricity, if available, is an additional \$50.00 for up to 4 hours.

Key Deposit: \$75.00 if the park requires a key.

Cleaning Deposit: \$25.00