



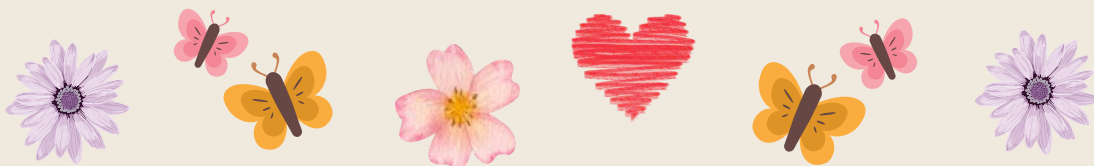
CITY OF CALEXICO

# RECREATION & CULTURAL ARTS

PROGRAM GUIDE

SEPTEMBER 02, 2025 - APRIL 30, 2026

*Recitals Dates: May 5-8 2026*



Register Online at: [calexicoca.myrec.com](http://calexicoca.myrec.com)

**Registrations Begin:**

Tuesday, August 19<sup>th</sup> at 8:00 am - Senior Citizens  
Wednesday, August 20<sup>th</sup> at 8:00 am - General Public

**2<sup>nd</sup> Registration Dates (only for specific programs):**

Tuesday December 16, 2025 at 8:00 am - Senior Citizens  
Wednesday December 17, 2025 at 8:00 am - General Public

707 DOOL AVE  
(760) 768-2176 / (760) 357-5575

[WWW.CALEXICORECREATION.ORG](http://WWW.CALEXICORECREATION.ORG)  
[RECREATION@CALEXICO.CA.GOV](mailto:RECREATION@CALEXICO.CA.GOV)  
[CULTURALARTS@CALEXICO.CA.GOV](mailto:CULTURALARTS@CALEXICO.CA.GOV)



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/CALEXICOCULTURALARTS



/CALEXICORECREATION  
/CALEXICOCULTURALARTS

# WELCOME

Welcome to Our Winter 2025 - Spring 2026 Recreation Program!

As the seasons change and the air turns crisp, we're excited to welcome you to a new season of fun, fitness, and community spirit! Whether you're here to stay active, learn something new, or just enjoy the cozy vibes, our program has something for everyone.

From youth sports and creative workshops to adult fitness classes and seasonal events, we're here to help you make the most of this special time of year.

Let's chill, build new friendships, and create lasting memories—together!

Thank you for joining us. Let's make this season unforgettable!

Let the adventure begin!

## PROGRAM FACILITIES



- **COMMUNITY CENTER: 707 DOOL AVE**
- **SENIOR CITIZEN'S HALL: 707 DOOL AVE.**

- **CARMEN DURAZO CULTURAL ARTS CENTER: 421 HEFFERNAN AVE.**
- **DAVID TESSADA GYMNASIUM: 824 BLAIR AVE.**

## CITY LEADERSHIP

### City Council

Diana Nuricumbo, Mayor  
Victor Legaspi, Mayor Pro Tem  
Lisa Tylenda, Council Member  
Lorenzo Calderon, Council Member  
Adriana Marquez, Council Member

### City Staff

**City Manager:**  
Benjamin Martinez  
**Recreation Manager:**  
Norma Gerardo  
**Sports Coordinator:**  
Jamie Ann Chew  
**Program Coordinator:**  
Debbie Flores  
**Administrative Assistant:**  
Ariana Hernandez  
**Cultural Arts Assistant:**  
Eduardo Quintero



### *Special Thanks*

We would like to thank the City Council of the City of Calexico, the Calexico Measure H Committee, and the California Arts Council for their generous contributions to our Recreation and Cultural Arts Winter 2025 - Spring 2026 Program.

# HOW TO REGISTER

Go to: [calexicoca.myrec.com](http://calexicoca.myrec.com)  
in your internet browser



To register for classes.

Click Log In and enter your username and password to access your account. If you do not have an account, click on create account. You can add members of your household to your account.

After successfully logging in, click register, then programs. Select the category: Youth, Adults Etc., then select the program you would like to register for and add it to cart. To continue adding classes, select Continue Shopping, or if you are done, click Check Out.

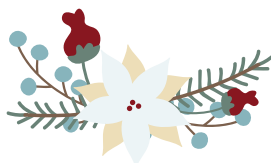


Follow all the prompts at check out. Pay with debt or credit card online.

Call us or visit us at our Recreation office for assistance in creating a account or registering for classes.



Class Cancellations/Refunds: A 100% refund and or an account credit will only be granted if a class is cancelled by the Recreation Department. Refund requests must be requested before a class start date, no refunds will be issued once classes have started. If granted, refunds may take 4-8 weeks to process. No cash refunds will be issued.



# REGISTRATION INFORMATION



**Monday to Thursday 8:00 AM - 6:00 PM**  
**Every other Friday 8:00 AM - 5:00 PM**

**Registration is on a first-come, first-served basis online or in person. Registration is limited to a certain number of participants and will close when capacity is reached.**



**Class Enrollment:** Registration is on a first-come, first-served basis. Registrations will be held online, visit [calexico.myrec.com](http://calexico.myrec.com) to create an account and register. Registration will not be accepted during class. Classes not meeting their minimum enrollment will be cancelled.



**Waiting Lists:** Wait lists are created for filled classes. You may register yourself in a wait list if available. If a space becomes available, you will be contacted. Note: Waiting list end at the end of a program season.

**Registration Fees:** Program fees are listed throughout the program guide. All fees are due at the time of registration. Fees will not be prorated for missed classes/holidays.



**Class Cancellations/Refunds:** A 100% refund will only be granted if a class is cancelled by the Recreation Department. Refund requests must be requested before a class start date, no refunds will be issued once classes have started. If granted, refunds may take 4-8 weeks to process. No cash refunds will be issued. Class Transfers: Transfers may be approved under certain limited conditions.

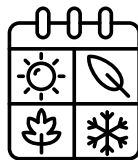


**Class Attendance and punctuality:** Attendance is limited to individuals enrolled in the program. No make-up classes will be offered. It is essential to be on time. If a participant is late to class, they will need to check with the office to determine if they can join the course as long as the class is in the warm-up portion of the class. If a class has commenced the skill portion of the class, the participant will be asked to attend the next scheduled class. Only registered participants are allowed in classes. No visitors are allowed.

**No Class/Holiday Dates:** If a program has a scheduled no-class date, it will be listed under the class description.

Upcoming City Holidays & No-class dates:

Sept. 9, 2025  
Oct. 30, 2025  
Nov. 11, 20, 24-27, 2025  
Dec. 1-31, 2025  
Jan. 1, 19, 2026  
Feb. 16, 2026  
March 31, 2026  
April 6 - 9, 2026



**Behavior:** Participants are expected to show appropriate behavior at all times. Let's make programs at Recreation & Cultural Arts safe and enjoyable for all participants.

- 1) Show respect to all participants and staff.
- 2) No foul language allowed.
- 3) Refrain from causing bodily harm to participants and staff.
- 4) Show respect for equipment and supplies.
- 5) Participants who are misbehaving or distracting the class will be asked to leave the program.
- 6) Being late to class is a form of distracting class.

**Liability waiver:** To register, you will need to agree to the liability waiver when you create your account online.



**We Love Parents But:** Keeping your child's best interest in mind, parents are asked to not be in the classroom during programs. Thank you for understanding.

**Photographic Release:** The City of Calexico Recreation Department reserves the right to photograph and/or record department classes, activities, events, and participants for brochures, media posts, or other publicity. By registering in programs, you authorize the City of Calexico to take photographs and/or video for these purposes. Please inform the office if you wish to opt out.



**Opt In To Text:** Want to make sure you receive urgent messages from the Calexico Recreation Department? Our registration site offers the option to opt in to text messaging sent only in urgent or emergency situations (such as last minute closures or program cancellations).





# OPEN GYM & YOUTH CLINICS

THE PROGRAM RUNS FROM SEPTEMBER 2, 2025 - JUNE 3, 2026.  
FREE PLAY! THIS DROP-IN ACTIVITY IS DESIGNED FOR RECREATION PLAYERS.  
LOCATION: TESSADA GYM, 824 BLAIR AVE.

PUNCH CARDS MUST BE PURCHASED ONLINE OR ON SITE IN ORDER TO PARTICIPATE.  
PUNCH CARD PRICES: \$10.00 FOR YOUTH \$20.00 FOR ADULTS  
ADMISSION: MINORS \$1.00 & ADULTS \$2.00 (WE ARE NOW CASHLESS)

BRING A WATER BOTTLE  
COACH: JAMIE ANN CHEW & STAFF

No Open Gym on:  
Sept. 9 ; Nov. 11, 24-27; Dec 1-31, 2025; Jan. 19, Feb. 16; Mar. 31; Apr. 6-9, 2026.

## YOUTH BASKETBALL OPEN GYM

**AGES:** 6-12 yrs.  
**DAYS:** Wednesdays  
**TIME:** 6:00 PM - 7:45 PM

## YOUTH VOLLEYBALL OPEN GYM

**AGES:** 9-12 yrs.  
**DAYS:** Mondays  
**TIME:** 6:00 PM - 7:45 PM

## TEEN BASKETBALL OPEN GYM

**AGES:** 13-17 yrs.  
**DAYS:** Wednesdays  
**TIME:** 8:00 PM - 9:45 PM



## TEEN VOLLEYBALL OPEN GYM

**AGES:** 13-17 yrs.  
**DAYS:** Mondays  
**TIME:** 8:00 PM - 9:45 PM

## DODGEBALL

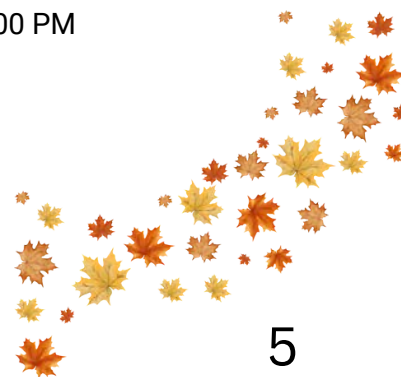
**AGES:** 6-12 yrs.  
**DAYS:** Tuesdays  
**TIME:** 6:00 PM - 7:45 PM

## ADULT BASKETBALL OPEN GYM

**AGES:** 18+ yrs. (must be out of high school)  
**DAYS:** Sundays  
**TIMES:** 6:00 PM - 8:00 PM

## ADULT VOLLEYBALL GYM

**AGES:** 18+ yrs. (must be out of high school)  
**DAYS:** Tuesdays  
**TIME:** 8:00 PM - 10:00 PM



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# YOUTH CLINICS & LEAGUES

## BASKETBALL CLINICS

Boys and Girls  
Saturdays & Sundays

**4-10 yrs. :** 10:00 AM - 11:00 AM

**11-17 yrs. :** 11:00 AM - 12:00 PM

**1st Session:** Jan. 10, 11, 17, 18, 2026

**2st Session:** Jan. 24, 25, 31; Feb. 1, 2026

**3rd Session:** Feb. 7, 8, 14, 15, 2026

**4th Session:** Feb. 21, 22, 28; Mar. 1, 2026

**5th Session:** Mar. 7, 8, 14, 15, 2026

**6th Session:** Mar. 21, 22, 29, (2 hours) 2026

**FEE:** \$25.00 per session

**LOCATION:** Tessada Gym, 824 Blair Ave.

**INSTRUCTOR:** Jamie Ann Chew and Staff

**Registration Date:** Starting December 17, 2025

Participants must bring their own water bottle.  
Children will learn the basic fundamentals of Basketball.



## YOUTH BASKETBALL LEAGUE

**GRADES:** 4th - 6th grade  
7th - 8th grade

**FEE:** \$35.00 per player

**PRACTICE DAYS:** Saturday. Practice starts:  
March 14 - May 17, 2026

**PRACTICE TIMES:** 4th - 6th grade 1:00 PM - 2:30 PM  
7th - 8th grade 2:45 PM - 4:15 PM

**GAME DAYS:** Sundays: Mid March - May, 2026  
**GAME TIMES:** 4th - 6th grade: 1:00 PM - 3:00 PM  
7th - 8th grade: 3:00 PM - 5:00 PM

**LOCATION:** Tessada Gym, 824 Blair Ave.

**Registration Date:** Starting December 17, 2025

Coach: Jamie Ann Chew & Volunteers  
Each player gets a numbered T-shirt for games.  
Participants must bring a water bottle.

## YOUTH VOLLEYBALL LEAGUE

**GRADES:** 3rd - 5th  
6th - 8th

**FEE:** \$35.00 per player

**PRACTICE DAYS:** Saturdays. Practice starts:  
Jan. 3rd - Mar. 1, 2026

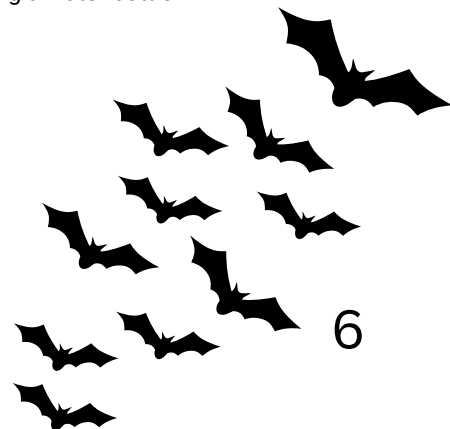
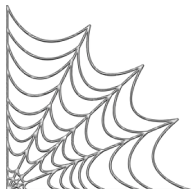
**PRACTICE TIMES:** 3rd - 5th grade 1:00 PM - 2:30 PM  
6th - 8th grade 2:45 PM - 4:15 PM

**GAME DAYS:** Sundays: January - Mid March, 2026

**GAME TIMES:** 3rd - 5th grade: 1:00 PM - 3:00 PM  
6th - 8th grade: 3:00 PM - 5:00 PM

**LOCATION:** Tessada Gym, 824 Blair Ave.

**COACH:** Jamie Ann Chew & volunteers  
Each player gets a numbered T-shirt for games.  
Participants must bring a water bottle



# INCLUSIVE PROGRAMS

At the Calexico Recreation Department, we believe in the power of inclusive programming. Our goal is to create a safe and welcoming space where individuals of different abilities can come together, stay involved, and be active. These activities are open exclusively to individuals with special needs.



## INCLUSIVE ARTS

**AGES:** 12 + yrs.

**DAYS:** Tuesdays

Sept. 2, 16, 30; Oct. 14, 28, 2025

Jan. 6, 20; Feb. 3, 17; Mar. 3, 17; Apr. 14, 28, 2026

**TIME:** 12 yrs. - 17 yrs. 3:00 PM - 3:50 PM

Adults 18+yrs. 1:00 PM - 1:50 PM

**FEE:** \$25.00 registration fee

**LOCATION:** Cultural Arts Center, 421 Heffernan Ave.

**INSTRUCTOR:** Eduardo Quintero

Note: Art materials will be provided.

This class will help develop artistic abilities to promote pers.

## INCLUSIVE BASKETBALL CLINICS

Boys and Girls

**AGES:** 7-17 yrs.

**DAYS:** Thursdays **TIME:** 6:15 PM - 7:15 PM

Session I: Sept. 4, 11, 18, 25, 2025

Session II: Oct. 2, 9, 16, 23, 2025

**DAYS:** Saturdays & Sundays **TIME:** 9:00 AM - 10:00 AM

Session III: Jan. 10, 11, 17, 18, 2026

Session IV: Jan. 24, 25, 31; Feb. 1, 2026

Session V: Feb. 7, 8, 14, 15, 2026

Session VI: Feb. 21, 22, 28; Mar. 1, 2026

**For Sessions III, IV, V & VI Registration Date:**  
**Starting December 17, 2025**

**FEE:** \$25.00 per session

**LOCATION:** Tessada Gym, 824 Blair Ave.

**INSTRUCTOR:** Jamie Ann Chew and Staff

Participants will learn the basic fundamentals of basketball.



## INCLUSIVE SKETCHING WITH CHEW

**AGES:** 7-17 yrs.

**DAYS:** Tuesdays

Sept. 23; Oct. 7, 21; Nov. 4, 18, 2025

Jan. 13, 27; Feb. 10, 24; Mar. 10, 24; Apr. 21, 2026

**TIMES:** 4:00 PM-4:50 PM

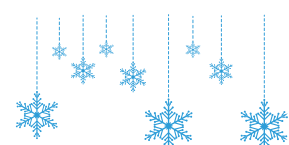
**FEE:** \$25.00 registration fee

**LOCATION:** Community Center, 707 Dool Ave.

**INSTRUCTOR:** Jamie Ann Chew & staff

Follow Jamie on this step-by-step sketching program.

Participants will need to bring their own sketch pad/paper, crayons/color pencils, and a sharpener.





# YOUTH & TEEN PROGRAMS



## FITNESS FOR THE FUN OF IT

**AGES:** 3-6 yrs.  
**DAYS:** Mondays & Wednesdays  
**TIME:** 4:00 PM - 4:50 PM

**Session I:** Sept. 3, 8, 10, 15, 17, 22, 24, 29 2025  
**Session II:** Oct. 6, 8, 13, 15, 20, 22, 27, 29, 2025  
**Session III:** Feb. 2, 4, 9, 11, 18, 23, 25, 2026  
**Session IV:** Apr. 1, 13, 15, 20, 22, 27, 29, 2026

**FEE:** \$25.00 per session  
**LOCATION:** Community Center, 707 Dool Ave.  
**INSTRUCTOR:** Jamie Ann Chew and staff

The class will feature warm-ups, stretching, dancing, and several cooperative activities that promote color, number, and shape recognition. Please bring a water bottle.

## POLYNESIAN DANCE



**AGES:** 6-17 yrs.  
**DAYS:** Mondays & Thursdays  
**TIMES:** 5:00 PM - 5:50 PM

**FEE:** \$25.00 per month  
**LOCATION:** Cultural Arts Center, 421 Heffernan Ave.  
**INSTRUCTOR:** Laura A. Vargas

Note: The class will be in Spanish. Participants will learn the basic steps of Hula Ori Tahiti. They will also learn to dance an Otea. They will learn about the Hawaiian instrument IPU and the Tahitian instrument Toere.

Required for class: T-shirt, Pareo wrap, and hair picked up in a bun.

No Classes on: Sept. 9; Oct. 30; Nov. 20, 24-27; Dec. 1-31, 2025; Jan. 1, 19; Feb. 16; Apr. 6-9, 2026



## BALLET

**Ballet I** **Ages:** 5-9 yrs. **FEE:** \$25.00 per month  
Mondays & Thursdays 4:00 PM - 4:50 PM

**Ballet II** **Ages:** 6-10 yrs. **FEE:** \$15.00 per month  
Wednesdays 6:00 PM - 6:50 PM

**LOCATION:** Cultural Arts Center, 421 Heffernan Ave.  
**INSTRUCTOR:** Laura A. Vargas

Note: The class will be in Spanish. Participants will learn the basic steps such as first position, second position, relevé, and barre exercises.

Required for class: Leotard, tights, ballet shoes, yoga mat, and hair picked up in a bun.

No Classes on: Nov. 20, 24-27; Dec. 1-31, 2025; Jan. 1, 19; Feb. 16; Apr. 6-9, 2026

## KIDS NIGHT OUT

**AGES:** 5-12 yrs.  
**DAYS:** Fridays  
**TIMES:** 6:00 PM - 10:00 PM  
**DATES:** Sept. 26, Oct. 10, Nov. 7, 2025  
Jan. 16; Mar. 20, 2026

**FEE:** \$10.00 per night  
**LOCATION:** Community Center, 707 Dool Ave.  
**INSTRUCTOR:** Jamie Ann Chew & Staff

Join us for some board games, crafts, indoor activities, movies and more!

## ZUMBA FOR ALL

**AGES:** 7 yrs. and over  
(minors 7-12 yrs. must be accompanied by a participating adult)  
**DAYS:** Mondays - Thursdays  
**TIME:** 6:00 PM - 6:50 PM

**FEE:** \$35.00 per month (Adults & Seniors)  
\$25.00 per month (Minors 7-17 yrs.)

**LOCATION:** Community Center, 707 Dool Ave.  
**INSTRUCTOR:** Erika Robledo

Help us keep you fit and active as you work out and dance with Erika.

Note: The class will be in Spanish.

No Classes on: Sept. 9; Oct. 30; Nov. 20, 24-27; Dec. 1-31, 2025; Jan. 1, 19; Feb. 16; Mar. 31; Apr. 6-9, 2026



# YOUTH, TEEN & ADULT PROGRAMS



## KARATE KOFUJA-DO

**AGES:** 8-15 yrs.  
**DAYS:** Tuesdays & Thursdays

**Advanced:** 5:00 PM - 5:50 PM  
**Beginners:** 6:00 PM - 6:50 PM

**FEE:** \$ 25.00 per month  
**LOCATION:** Sr. Hall, 707 Dool Ave.  
**INSTRUCTOR:** Carlos Valencia

Karate provides a full-body workout while improving strength and condition.

No Class on: Sep.9; Oct. 30, Nov. 11, 20, 25-27; Dec.1-31, 2025;  
Jan. 1; Mar. 31; Apr. 6-9, 2026.

## VIOLIN FOR BEGINNERS

**AGES:** 10+ yrs.  
**DAYS:** Tuesdays & Thursdays  
**TIME:** 7:00 PM - 7:50 PM

**DATES:** Sept. 2 - Nov. 19, 2025

**FEE:** \$25.00 per month  
**LOCATION:** Sr. Hall, 707 Dool Ave.  
**INSTRUCTOR:** Rosalynn Mananghac

Beginner violin class where students will learn fundamental violin techniques, basic music theory, and fun beginner songs.

Limited instruments are available to borrow on a first-come, first-serve basis with a deposit, CASH ONLY.

**INSTRUMENT DEPOSIT:** \$60.00  
No class on: Sep.9; Oct.30; Nov.11,20,25-27; Dec. 1-31, 2025  
Jan.1, Mar. 31; Apr. 6-9, 2026

## CHEWS FROM THE HEART

**GRADE:** 6th - 12th  
**DAYS:** Thursdays  
**TIMES:** 6:00 PM - 7:30 PM

**DATES:** Nov. 6, 13, 21 (Fri); Dec. 4, 2025  
Jan. 22, 29; Feb. 5, 12, 19, 2026  
Apr. 2, 16, 23, 30; May.7, 2026

**FEE:** Free (must apply to join)  
**LOCATION:** Sr. Craft Room, 707 Dool Ave.  
**INSTRUCTOR:** Jamie Ann Chew

Calling on all young artists! Join Jamie Chew and the Color Crusaders in designing and painting custom shoes for a great cause. Participants will be selected.

Each artist will create uniquely customized designs based on the preferences chosen by the recipient. Shoes and all painting materials will be provided.

## ACTING AND IMPROVISATION

**AGES:** 12+ yrs.  
**DAYS:** Wednesdays  
**TIME:** 5:00 PM - 5:50 PM

**FEE:** \$5.00 registration fee  
**LOCATION:** Cultural Arts Center, 421 Heffernan Ave.  
**INSTRUCTOR:** Bill Hodge

Excellent opportunity to gain the ability and confidence to express yourself.  
No Class on: Nov 24-27; Dec. 1-31, 2025 ; Apr. 6-9, 2026



# TEEN & ADULT PROGRAMS



## KEYBOARD

**AGES:** 12+ yrs.

**DAYS:** Thursdays

**TIMES:** 6:00 PM - 6:50 PM or 7:00 PM - 7:50 PM

**FEE:** \$15.00 per month Adults 18+  
\$5.00 per month Seniors 55+

**LOCATION:** Cultural Arts Center, 421 Heffernan Ave.

**INSTRUCTOR:** Jesus Hernandez

Required for class: Keyboard with batteries.

A practical and simple method will be used in which students will learn the basics.

No Class on: Oct. 30; Nov. 20,25-27; Dec. 1-31, 2025;  
Jan.1; Apr. 6-9, 2026



## GUITAR FOR BEGINNERS

**AGES:** 12 + yrs.

**DAYS:** Mondays & Wednesdays

**TIME:** 7:00 PM - 7:50 PM

**FEE:** \$25.00 per month

**LOCATION:** Cultural Arts Center, 421 Heffernan Ave.

**INSTRUCTOR:** Jose Eduardo Payan

With this practical and fun class, you will learn the basic concepts and techniques of guitar, so you can learn to play your favorite song.

No class on: Nov.24-27; Dec.1-31, 2025;  
Jan.1,19; Feb.16; Apr. 6-9, 2026



## CARDIO KICKBOXING

**AGES:** 13 yrs. and over

**DAYS:** Tuesdays & Thursdays

**TIMES:** 7:00 PM - 7:50 PM

**FEE:** \$25.00 per month

**LOCATION:** Community Center, 707 Dool Ave.

**INSTRUCTOR:** Alieen Fugueman

A 50-minute cardio with a core and stretch ending.

Enjoy a high intensity cardio kickboxing class guaranteed to push every fitness level. Space limited.

No class on: Sep.9; Oct. 30; Nov.11,20, 25-27; Dec.1-31, 2025; Mar. 31; Apr. 6-9, 2026.



## CROCHET CLASS

**AGES:** 18+ yrs.

**DAYS:** Thursdays

**TIME:** 1:00 PM - 2:20 PM Beginners  
2:30 PM - 3:50 PM Advanced

**FEE:** \$5.00 registration fee

**LOCATION:** Sr. Craft Room, 707 Dool Ave.

**INSTRUCTOR:** Maria Luisa Delgado

Join us for step-by-step Crocheting classes that will help you learn everything from beginner basics to advanced techniques.

**Materials needed:** Crochet hook, yarn and scissors.

No Class on: Oct. 30, Nov.20, 24-27; Dec. 1-31, 2025  
Jan.1; Apr. 9, 2026

## RITMOS LATINOS DANCE CLASS

**AGES:** 16+ yrs.

**DAYS:** Mondays & Wednesdays

**TIME:** 6:00 PM - 6:50 PM

**FEE:** \$25.00 per month

**LOCATION:** Sr. Hall, 707 Dool Ave.

**INSTRUCTOR:** Elizabeth Rubio

Have fun while learning to dance various styles of dance like Cumbia, Merengue, Bachata and others.

No class on: Nov. 24-27; Dec.1-31, 2025;  
Jan.1,19; Feb.16; Apr. 6-9, 2026



# ADULT & SENIOR PROGRAMS



## PERSONAL MOTIVATION

**AGES:** Adults & Seniors  
**DAYS:** Tuesdays  
**TIME:** 6:00 PM- 7:30 PM

**FEE:** \$5.00 registration fee  
**LOCATION:** Sr. Craft Room, 707 Dool Ave.  
**INSTRUCTOR:** Luis Flores

Inspiring volunteer therapist, Luis Flores, leads this motivational group.  
No Class on: Sep. 9; Nov. 11, 25; Dec. 1-31, 2025; Mar. 31; Apr. 7, 2026

## SEWING FOR BEGINNERS

**AGES:** Adults & Seniors  
**DAYS:** Wednesdays  
**TIME:** 6:00 PM - 8:00 PM

**SESSION I:** Sept. 10, 2025 - Jan. 14, 2026  
**SESSION II:** Jan. 21 - April 29, 2026  
(choose one option only)

**FEE:** Adults 18-54 yrs: \$25.00 per month  
Seniors 55+: \$5.00 per month

**INSTRUCTOR:** Maria Curiel  
**LOCATION:** Senior Craft Room, 707 Dool Ave.

This is a fun sewing series aimed at acquainting students with a/their sewing machines, beginning with the basics and growing skills. This first beginner sewing class students will learn how to thread a sewing machine, wind a bobbin, sew a straight stitch and much more.

Sewing machine needed for class. A list of materials will be provided.  
Note: This class is for beginners and will be an instructional class. Participants will not be allowed to work on their own side projects. No outside visitors are allowed inside classroom.  
Note: Class will be taught in Spanish.  
No Class on: Nov. 26; Dec. 1-31, 2025; Apr. 8, 2026

## TAI CHI

**AGES:** Adults & Seniors  
**DAYS:** Mondays - Thursdays  
**TIME:** 7:00 AM - 7:50 AM

**DATES:** Sep. 2 - Nov. 19, 2025 (Registration date: Aug. 19/20 2025)  
Jan. 5, 2025 - Apr. 30, 2026 (Registration date: Dec. 16/17, 2025)

**FEE:** Adults \$25.00 per month  
Seniors 55+ \$5.00 per month  
**LOCATION:** Community Center, 707 Dool Ave.  
**INSTRUCTOR:** Marco Calderon

Tai Chi is the art of embracing the mind body and spirit. Begin your journey to better Health. Space limited.

No class on: Oct. 30; Sept. 9; Nov. 20, 24-27; Dec. 1-31, 2025;  
Jan. 1, 19; Feb. 16; Mar. 31; Apr. 6-9, 2026

## ACRYLIC PAINTING

**AGES:** Adults & Seniors  
**BEGINNERS:** Wednesday 10:00 AM -11:50 AM  
**INTERMEDIATE:** Wednesday 12:00 PM - 1:50 PM

**FEE:** Adults: \$25.00 per month  
Seniors 55+: \$5.00 per month  
**LOCATION:** Cultural Arts Center, 421 Heffernan, Ave.  
**INSTRUCTOR:** Angelica Angulo

A course in which students will learn the acrylic painting technique of colors, textures, blurring of color range, handling of light and shadow, and more! This will be a creative fun space for you to be!

Materials Needed: A list of materials needed for class will be provided by the instructor.

Note: The class will be taught in Spanish.  
No class on: Nov. 26; Dec. 1-31, 2025; Apr. 8-9, 2026

## HULA DANCE

**AGES:** Adult & Seniors  
**DAYS:** Mondays & Thursdays  
**TIMES:** 1:00 PM - 1:50 PM

**FEE:** Adults: \$25.00 per month  
Seniors 55+: \$5.00 per month

**LOCATION:** Cultural Arts Center, 421 Heffernan Ave.  
**INSTRUCTOR:** Laura A. Vargas

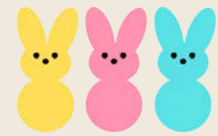
Participants will learn to coordinate their bodies to dance the Hula. This class helps with body movement coordination and provides an excellent opportunity to stay healthy.

Note: The class will be taught in Spanish.  
No Classes on: Oct. 30; Nov. 20, 24-27; Dec. 1-31, 2025;  
Jan. 1, 19; Feb. 16; Apr. 6-9, 2026





# SENIOR PROGRAMS



## FOLKLORIC DANCE

**AGES:** Adults & Seniors  
**DAYS:** Tuesdays & Thursdays

**TIME:** 10:30 AM - 11:20 AM

**FEE:** Adults: \$25.00 per month.  
Seniors 55+: \$5.00 per month.

**LOCATION:** Community Center, 707 Dool Ave.  
**INSTRUCTOR:** Socorro Mendiola

Learn about this beautiful dance and its techniques; arm, head, and waist movement, stomping, and turns. Folkloric dance skirts will be provided for practice.

Required for class: Folkloric dance shoes.  
Note: The class will be taught in Spanish

No Class on: Sep.9; Oct.31; Nov.11,20,25-27; Dec.1-31, 2025; Jan.1; Mar. 30; Apr. 6-9, 2026.



## YOGA

**AGES:** Adults & Seniors  
**DAYS:** Mondays & Wednesdays

**TIME:** Option 1: 5:00 PM - 5:50 PM  
Option 2: 7:00 PM - 7:50 PM

**DATES:** Sept. 2 -Dec. 5, 2025 (Registration date: Aug. 19/20 2025)  
Jan. 5, 2026 - Apr. 30, 2026 (Registration date: Dec. 16/17, 2025)

**FEE:** \$25.00 per month, per option - Adults 18+  
\$ 5.00 per month, per option - Seniors 55+

**LOCATION:** Community Center, 707 Dool Ave.  
**INSTRUCTOR:** Gabriela Ramirez

Reduce anxiety and stress with Yoga. All levels are welcome.  
Bring your own yoga mat.  
Note: participants can only register for one (1) option.

No Classes on: Nov. 24-27; Dec.1-31, 2025;  
Jan. 19; Feb.16; Apr. 6-9, 2026

## FOLKLORIC DANCE GROUP

**AGES:** Adults & Seniors  
**DAYS:** Tuesdays & Thursdays  
**TIME:** 11:30 AM - 12:20 PM

**REGISTRATION FEE:** Adults: \$25.00  
Seniors 55+: \$5.00

No Class on: Sept. 9; Oct. 31; Nov. 11,20, 25-27;  
Dec.1-31, 2025; Jan.1; Mar. 31; Apr. 6-9, 2026.

Do you have Folkloric Dance experience?  
Talk to our staff in regards to joining the group.



## ZUMBA GOLD

**AGES:** Seniors 55+  
**DAYS:** Monday - Thursday  
**TIME:** 8:10 AM- 9:00 AM

**DATES:** Sept. 2 -Dec. 5, 2025 (Registration date: Aug. 19/20 2025)  
Jan. 5, 2026- April 30, 2026 (Registration date: Dec. 16/17, 2025)

**FEE:** \$5.00 per month  
**LOCATION:** Community Center, 707 Dool Ave.  
**INSTRUCTOR:** Jaqueline Macias

Dance through your workout session with Jacky.  
This class is a fun way to start your morning while keeping active and healthy.

No Classes on: Sept. 9; Oct. 30; Nov.20, 24-27; Dec.1-31, 2025; Jan. 1; Feb. 16; Mar.31; Apr. 6-9, 2026







# SENIOR PROGRAMS

## SENIOR AEROBICS

**AGES:** Seniors 55+

**DAYS:** Monday - Thursday

**TIMES:** 9:10 AM - 10:00 AM

**DATES:** Sept. 2 - Nov 19, 2025 (Registration date: Aug. 19/20 2025)  
Jan. 5, 2026 - April 30, 2026 (Registration date: Dec. 16/17, 2025)

**FEE:** \$5.00 a month

**LOCATION:** Community Center, 707 Dool Ave.

**INSTRUCTOR:** Leticia Lira

Aerobics strengthens the heart and improves overall fitness.

No Classes on: Sept. 9; Oct. 30; Nov. 11, 20, 24-27; Dec. 1-31, 2025;  
Jan. 1, 19; Feb. 16; Mar. 31; Apr. 6-9, 2026

## BINGO

**AGES:** Seniors 55+

**DAYS:** Tuesdays & Thursdays

**TIME:** 9:00 AM - 10:50 AM

**FEE:** \$5.00 registration fee

**LOCATION:** Senior Craft Room, 707 Dool Ave.

**INSTRUCTOR:** Rec Staff & Volunteers

Enjoy a morning of fun with bingo, a game of chance.

No Class on: Sept. 9; Oct. 30; Nov. 11, 20, 25-27; Dec. 1-31, 2025; Jan. 1; Mar. 31; Apr. 7, 9, 2026

## SENIOR ARTS & CRAFTS

**AGES:** Seniors 55+

**DAYS:** Wednesdays

**TIME:** 10:00 AM - 12:00 PM

**DATES:** Sep. 2 - Nov. 19, 2025 (Registration date: Aug. 19/20 2025)  
Jan. 5, 2026 - April 30, 2026 (Registration date: Dec. 16/17, 2025)

**FEE:** \$5.00 per month

**LOCATION:** Senior Craft Room, 707 Dool Ave.

**INSTRUCTOR:** Rosa Romero

Materials Needed: Plastic canvas needles, sharp pointed scissors, colored pencils, eraser, hot glue gun and glue sticks & pencil

Join us and learn to create great arts & crafts pieces for your home or to gift to others. No experience is needed.

No Class on: Nov. 24-27; Dec. 1-31, 2025;  
Apr. 6-9, 2026

## CROCHET CLUB

**AGES:** Seniors 55+

**DAYS:** Thursdays

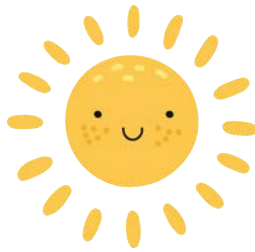
**TIMES:** 4:00 PM - 5:50 PM

**FEE:** Free

**LOCATION:** Senior Craft Room, 707 Dool Ave.

Note: This is a club and not an instructional class. If you enjoy crocheting, then this is the club for you. Share with others your patterns and get ideas for new projects.

No Class on: Oct. 30; Nov. 20, 27; Dec. 1-31, 2025; Jan. 1; Apr. 9, 2026



# Special Events

Viva Mexico! Paint Night	August 26, 2025	5:00 PM – 7:00 PM	CDCAC
Viva Mexico! Event, Art Exhibit, Music	September 2, 2025	5:30 PM – 7:30 PM	CDCAC
Grandparents Day Dance	September 12, 2025	6:00 PM – 9:00 PM	CC
Breast Cancer Month Paint Night	September 30, 2025	5:00 PM – 7:00 PM	CDCAC
Binational Art Exhibit	October 7, 2025	5:30 PM – 7:30 PM	CDCAC
Paper Flower Workshop	October 14, 2025	5:00 PM – 7:00 PM	CDCAC
Papel Picado Workshop	October 21, 2025	5:00 PM – 7:00 PM	CDCAC
Sr. Halloween Dance	October 24, 2025	5:30 PM – 7:00 PM	CDCAC
Altar Dia de los Muertos	October 28, 2025	6:00 PM – 9:00 PM	CDCAC
Halloween Carnival	October 30, 2025	4:30 PM – 6:30 PM	CC
Paint Night (Autumn)	November 18, 2025	5:00 PM – 7:00 PM	CDCAC
Noche Bohemia	November 21, 2025	6:00 PM – 7:00 PM	CC
Paint Night (Winter)	December 2, 2025	5:00 PM – 7:00 PM	CDCAC
Sr. Christmas Dance	December 19, 2025	6:00 PM – 9:00 PM	CC
Black History Month Paint Night	January 6, 2026	5:00 PM – 7:00 PM	CDCAC
Black & White Art Exhibit Opening	January 13, 2026	5:30 PM – 7:30 PM	CDCAC
Chinese New Year Paint Night	January 27, 2026	5:00 PM – 7:00 PM	CDCAC
Noche Bohemia	January 30, 2026	6:00 PM – 9:00 PM	CC
Sr. Valentine's Day Dance	February 13, 2026	6:00 PM – 9:00 PM	CC
International Women's Day Paint Night	March 3, 2026	5:00 PM – 7:00 PM	CDCAC
Daddy Daughter Dance (80's theme)	March 14, 2026	6:00 PM – 9:00 PM	CC
Women in the Arts Art Exhibit	March 17, 2026	5:30 PM – 7:30 PM	CDCAC
Noche Bohemia	March 27, 2026	6:00 PM – 7:30 PM	Sr. Hall
Easter Egg Hunt	March 28, 2026	9:00 AM – 11:00 AM	Crummett Park
Creative Young Minds Art Exhibit	April 14, 2026	5:30 PM – 7:30 PM	CDCAC
Children's Day Paint Night	April 28, 2026	5:00 PM – 7:00 PM	CDCAD
Sr. Mother's Day Dance	May 8, 2026	6:00 PM – 9:00 PM	CC
Mother's Day Paint Night	May 12, 2026	5:00 PM – 7:00 PM	CDCAC
Noche Bohemia	June 5, 2026	6:00 PM – 9:00 PM	CC

