



CITY OF CALEXICO



RECREATION & CULTURAL ARTS



Fall/Winter - Spring

PROGRAMS 2026-27

SEPT. 1, 2026- APR. 29, 2027

➤ Recitals week of May 3, 2027 ➤



REGISTER ONLINE

<https://calexicoca.myrec.com>



REGISTRATION BEGINS:

Seniors:
August 18, 2026 at 8 am.

General Public:
August 19, 2026 at 8 am.



VISIT US

707 Dool Ave.
Calexico, CA 92231

421 Heffernan Ave.
Calexico, CA 92231



MORE INFO

Community Center
(760) 768-2176

Arts Center
(760) 357-5575



EMAIL

recreation@calexico.ca.gov
culturalarts@calexico.ca.gov

[f](#) /calexicorecreation
/calexicoculturalarts
[i](#) /calexicorecreation
/calexicoculturalarts



WELCOME

Welcome to our Fall/Winter Program Season! We are excited to bring our community a variety of fun recreational activities for all ages. Thank you for being part of our programs, and we look forward to a wonderful season filled with learning, friendship, and community spirit.

PROGRAM FACILITIES

- Community Center, 707 Dool Ave.
- Sr. Citizen Hall, 707 Dool Ave.
- Carmen Durazo Cultural Arts Center
421 Heffernan Ave.
- David Tessada Gymnasium
824 Blair Ave.

CITY LEADERSHIP

CITY COUNCIL

Victor Legaspi, Mayor
Lorenzo Calderon, Mayor Pro Tem
Adriana Marquez, Council Member
Lisa Tylenda, Council Member
Diana Nuricumbo, Council Member

CITY STAFF

City Manager:
Benjamin Martinez
Recreation Manager:
Norma Gerardo
Sports Coordinator:
Jamie Ann Chew
Program Coordinator:
Debbie Flores
Administrative Assistant:
Ariana Hernandez
Cultural Arts Assistant:
Eduardo Quintero

HOW TO REGISTER

- Open your internet browser.
- Go to <https://calexicoca.myrec.com>
- Click “Log In” and enter your username and password to access your account. If you do not have an account, click on “Create Account”. You can add members of your household to your account.
- After successfully logging in,
- Click “Register”
- Then Click on “Programs”
- Select the Category: Youth, Adults Etc.,
- Select the program you would like to register for and add it to cart
- To continue adding classes, select “Continue Shopping”, or if you are done, click “Check Out”
- Follow all the prompts at check out
- Pay with debt or credit card online

To Register:



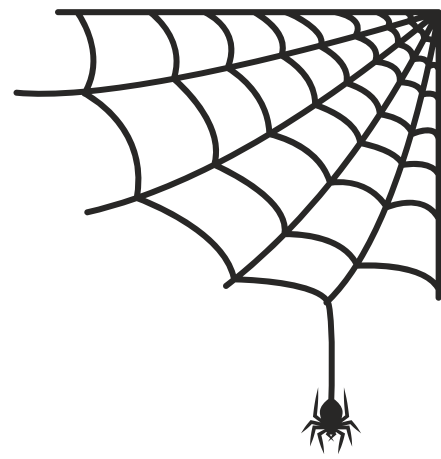
Scan Me..



Call us or visit our Recreation office for assistance with creating an account or registering for classes.



REGISTRATION INFORMATION



Registration is on a first-come, first-served basis online or in person. Registration is limited to a certain number of participants and will close when capacity is reached.

OFFICE HOURS
Monday to Thursday 8:00 AM - 6:00 PM
Fridays 8:00 AM - 5:00 PM

Class Enrollment: Registration is on a first-come, first-served basis. Registrations will be held online or in the office, visit calexico.myrec.com to create an account and register. Registrations are not done in the classrooms. Classes not meeting their minimum enrollment will be cancelled.

Registration Fees: Program fees are listed throughout the program guide. All fees are due at the time of registration. Convenience fees apply to all online registrations. Fees will not be prorated for missed classes/holidays.

Class Cancellations/Refunds: A 100% refund will only be granted if a class is cancelled by the Recreation Department. Refund requests must be requested before a class start date, no refunds will be issued once classes have started. If granted, refunds may take 4-8 weeks to process. No cash refunds will be issued. An account credit may be granted under special circumstances. Account credits do not expire. **Class Transfers:** Transfers may be approved under certain limited conditions.

Disclaimer: To register, you will need to agree to the program disclaimer when you create your account online.

Photographic Release: The City of Calexico Recreation Department reserves the right to photograph and/or record department classes, activities, events, and participants for brochures, media posts, or other publicity. By registering in programs, you authorize the City of Calexico to take photographs and/or video for these purposes. Please inform the office if you wish to opt out. Participants are not allowed to use their personal devices to record or take pictures during program activities without permission from the Recreation Department.

Waiting Lists: Wait lists are created for filled classes. You may register yourself in a wait list if available. If a space becomes available, you will be contacted.
Note: Waiting lists are discarded at the end of each program season.

No Class/Holiday Dates: If a program has a scheduled no-class date, it will be listed under the class description.

No classes on the following days: Sept. 7, 9; Oct. 29; Nov. 11, 19, 23, 24, 25, 26; Dec 14-31, 2026; Jan.18; Feb.15; Mar. 29,30,31; Apr.1, 2027

Class Attendance and punctuality: Attendance is limited to individuals enrolled in the program. No make-up classes will be offered. It is essential to be on time. If a participant is late to class, they must check with the office. If a class has commenced the skill portion of the class, the participant will be asked to attend the next scheduled class. Only registered participants are allowed in classes. No visitors are allowed.

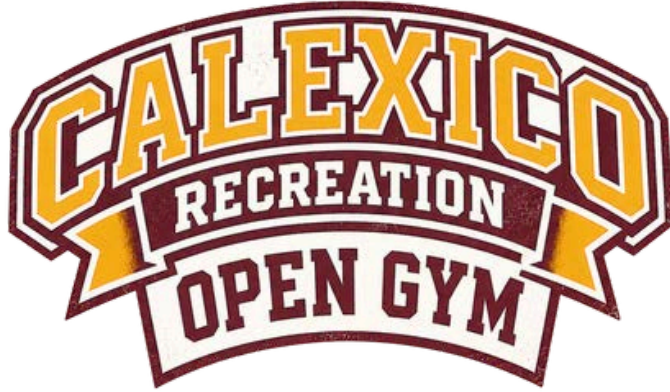
Behavior: Participants are expected to show appropriate behavior at all times. Let's make programs at Recreation & Cultural Arts safe and enjoyable for all participants.

- 1) Show respect to all participants and staff.
 - 2) No foul language allowed.
 - 3) Refrain from causing bodily harm to participants or staff.
 - 4) Show respect for equipment and supplies.
 - 5) Participants not showing proper behavior or are distracting the class will be asked to leave the program.
 - 6) Being late to class is a form of distracting class.
- Failure to abide by rules, may result in removal of classes.

We Love Parents But: Keeping your child's best interest in mind, parents are asked to not be in the classroom during programs unless allowed by instructor. Thank you for understanding.

Opt In To Text: Want to make sure you receive urgent messages from the Calexico Recreation Department? Our registration site offers the option to opt in to text messaging sent only in urgent or emergency situations (such as last minute closures or program cancellations).





This program runs from Sept. 1, 2026 - June 2, 2027.
Free Play! This drop-in activity is designed for recreation players.
Location: Tessada Gym, 824 Blair Ave.

ADMISSION: Minors \$1.00 & Adults \$2.00 (We are now cashless)
Punch cards must be purchased online or on site in order to participate.

Coach: Jamie Ann Chew & Staff
BRING A WATER BOTTLE
Gym closed: Sept. 7, 9; Nov. 11, 19, 23-26; Dec. 17-31, 2026; Jan.18;
Feb.15; Mar. 27-31; Apr. 1; May 31, 2027

YOUTH VOLLEYBALL OPEN GYM

AGES: 9-12 yrs.
DAYS: Mondays
TIME: 6:00 PM - 7:45 PM

TEEN BASKETBALL OPEN GYM

AGES: 13-17 yrs.
DAYS: Wednesdays
TIME: 8:00 PM - 9:45 PM



YOUTH BASKETBALL OPEN GYM

AGES: 6-12 yrs.
DAYS: Wednesdays
TIME: 6:00 PM - 7:45 PM

TEEN VOLLEYBALL OPEN GYM

AGES: 13-17 yrs.
DAYS: Mondays
TIME: 8:00 PM - 9:45 PM

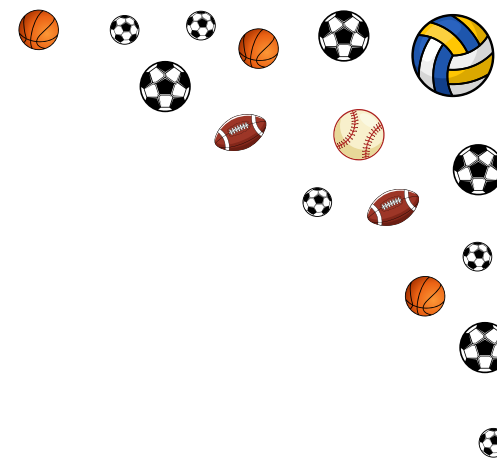
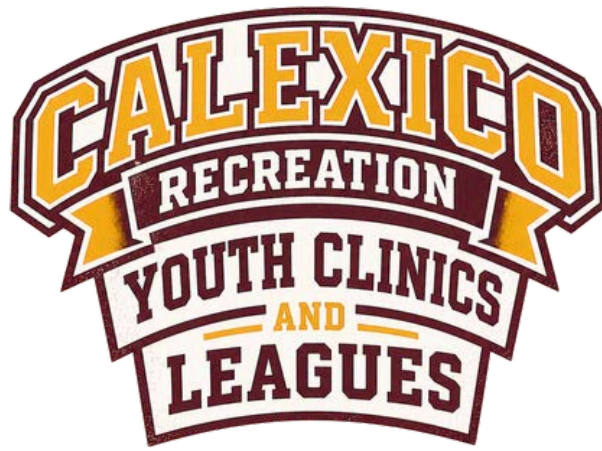
DODGEBALL

AGES: 6-12 yrs.
DAYS: Tuesdays
TIME: 6:00 PM - 7:45 PM

ADULT VOLLEYBALL OPEN GYM

AGES: 18+ yrs. (must be out of high school)
DAYS: Tuesdays
TIME: 8:00 PM - 10:00 PM





BASKETBALL CLINICS

Boys and Girls
Saturdays & Sundays

4-10 yrs. : 10:00 AM - 11:00 AM
11-17 yrs. : 11:00 AM - 12:00 PM

1st Session: Jan. 23, 24, 30, 31, 2027
2st Session: Feb. 6, 7, 13, 14, 2027
3rd Session: Feb. 20, 21, 27, 28, 2027
4th Session: Mar.6, 7, 13, 14, 2027



FEE: \$25.00 per session
LOCATION: Tessada Gym, 824 Blair Ave.
INSTRUCTOR: Jamie Ann Chew and Staff

Registration Date: Starting December 16, 2026

Participants must bring their own water bottle.
Children will learn the basic fundamentals of Basketball.

YOUTH BASKETBALL LEAGUE

DIVISIONS: 4th - 6th grade
7th - 8th grade

FEE: \$35.00 per player
PRACTICE DAYS: Starts on Saturday, March 13, 2027

PRACTICE TIMES: 4th - 6th grade: 1:00 PM - 2:30 PM
7th - 8th grade: 2:45 PM - 4:15 PM

GAME DAYS: Sundays: Start date TBA
GAME TIMES: 4th - 6th grade: 1:00 PM - 3:00 PM
7th - 8th grade: 3:00 PM - 5:00 PM

LOCATION: Tessada Gym, 824 Blair Ave.

Registration Date: Starting December 16, 2026

Coach: Jamie Ann Chew & Volunteers

Each player gets a numbered T-shirt for games.
Participants must bring a water bottle.



YOUTH VOLLEYBALL LEAGUE

DIVISIONS: 3rd - 5th grade
6th - 8th grade

FEE: \$35.00 per player
PRACTICE DAYS: Starts Sat. Jan. 2, 2027
PRACTICE TIMES: 3rd - 5th grade 1:00 PM - 2:30 PM
6th - 8th grade 2:45 PM - 4:15 PM

GAME DAYS: Sundays. Game start date TBA
GAME TIMES: 3rd - 5th grade: 1:00 PM - 3:00 PM
6th - 8th grade: 3:00 PM - 5:00 PM

LOCATION: Tessada Gym, 824 Blair Ave.

COACH: Jamie Ann Chew & volunteers

Each player gets a numbered T-shirt for games.
Participants must bring a water bottle





ADAPTIVE PROGRAMS



At the Calexico Recreation Department, we believe in the power of adaptive programming. Our goal is to create a safe and welcoming space where individuals of different abilities can come together, stay involved, and be active.

These activities are open exclusively to individuals with special needs.

ADAPTIVE SKETCHING WITH CHEW

AGES: 7-17 yrs.

DAYS: Tuesdays: Sept. 1, 15, 29; Oct. 13, 27; Nov. 10, 2026

Jan. 5, 19; Feb. 2, 16; Mar. 2, 16; Apr. 13, 27, 2027

TIMES: 4:00 PM-4:50 PM

FEE: \$25.00 one-time registration fee

LOCATION: Community Center, 707 Dool Ave.

INSTRUCTOR: Jamie Ann Chew.

Follow Jamie on this step-by-step sketching program.

Participants will need to bring their own sketch pad/paper, crayons/color pencils, and a sharpener.

ADAPTIVE ARTS

AGES: 12 + yrs.

DAYS: Tuesdays: Sept. 8, 22; Oct. 6, 20; Nov. 3, 17, 2026

Jan. 12, 26; Feb. 9, 23; Mar. 9, 23; Apr. 6, 20, 2027

TIME: 12 yrs. - 17 yrs. 3:00 PM - 3:50 PM

Adults 18+yrs. 1:00 PM - 1:50 PM

FEE: \$25.00 one-time registration fee

LOCATION: Cultural Arts Center, 421 Heffernan Ave.

INSTRUCTOR: Eduardo Quintero

Note: Art materials will be provided.

This class will help develop artistic abilities to promote personal development.

ADAPTIVE BASKETBALL CLINICS

Boys and Girls

AGES: 7-18 yrs.

DAYS: Thursdays

(Registration date: Aug. 19, 2026)

1st Session: Sept. 3, 10, 17, 24, 2026

2st Session: Oct. 1, 8, 15, 22, 2026

TIMES: 6:15 PM - 7:15 PM

DAYS: Saturdays & Sundays

(Registration date: Dec. 16, 2026)

3rd Session: Jan. 23, 24, 30, 31, 2027

4th Session: Feb. 6, 7, 13, 14, 2027

5th Session: Feb. 20, 21, 27, 28, 2027

6th Session: Mar. 6, 7, 13, 14, 2027

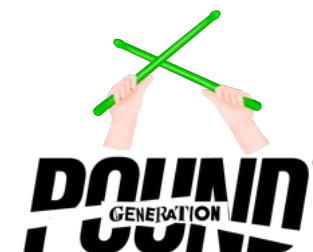
TIMES: 9:00 AM - 10:00 AM

FEE: \$25.00 per session

LOCATION: Tessada Gym, 824 Blair Ave.

INSTRUCTOR: Jamie Ann Chew and Staff

Participants will learn the basic fundamentals of Basketball. Participants must bring their water bottle.



GENERATION POUND

AGES: 8-15 yrs.

DAYS: Thursdays Sept. 3, 10, 17, 24; Oct. 1, 8, 15, 22;

Nov. 5, 12, 2026

TIMES: 4:00 PM - 4:50 PM

FEE: \$30.00

LOCATION: Community Center, 707 Dool Ave.

INSTRUCTOR: Jamie Ann Chew

Generation pound is an inclusive youth-oriented program that fuses movement and music! By combining exercise and interactive activities, kids will learn new ways to explore movement, embrace creativity and Rock OUT!

Required for class: Tennis shoes, yoga mat & water bottle.



YOUTH, TEEN & ADULT PROGRAMS

FITNESS FOR THE FUN OF IT

AGES: 3-6 yrs.
DAYS: Mondays & Wednesdays
TIME: 4:00 PM - 4:50 PM

Session I: Sept.14, 16, 21, 23, 28, 30, 2026
Session II: Oct. 5, 7, 12, 14, 19, 21, 26, 28, 2026
Session III: Feb. 1, 3, 8, 10, 17, 22, 24, 2027
Session IV: Apr. 5, 7, 12, 14, 19, 21, 26, 28, 2027

FEE: \$25.00 per session
LOCATION: Community Center, 707 Dool Ave.
INSTRUCTOR: Jamie Ann Chew and staff

The class will feature warm-ups, stretching, dancing, and several cooperative activities that promote color, number, and shape recognition. Please bring a water bottle.



BALLET

BALLET I AGES: 5-9 yrs. **FEE:** \$25.00 a month
Mondays & Thursdays 4:00 PM - 4:50 PM

BALLET II AGES: 6-10 yrs. **FEE:** \$15.00 a month
Wednesdays 6:00 PM - 6:50 PM

LOCATION: Cultural Arts Center, 421 Heffernan Ave.
INSTRUCTOR: Laura A. Vargas

Note: The class will be in Spanish.
Participants will learn the basic steps such as first position, second position, revelé, and barre exercises.

Required for class: Leotard, tights, ballet shoes, yoga mat, and hair picked up in a bun.

NO CLASSES ON: Sept. 7, 9; Oct. 29; Nov. 11, 19, 23, 26; Dec. 14-31, 2026; Jan. 18; Feb. 15; Mar. 29,31; Apr. 1, 2027



ZUMBA FOR ALL

AGES: 10 yrs. and over (minors 10 -12 yrs. must be accompanied by a participating adult)

DAYS: Mondays - Thursdays
TIME: 6:00 PM - 6:50 PM

FEE: \$35.00 (Adults & Seniors) a month
\$25.00 (Minors 10-17 yrs.) a month

LOCATION: Community Center, 707 Dool Ave.
INSTRUCTOR: Erika Robledo

Help us keep you fit and active as you work out and dance with Erika.

Note: The class will be in Spanish.

NO CLASSES ON: Sept. 7, 9; Oct. 29; Nov. 11, 19, 23, 24, 25, 26; Dec. 14-31, 2026 Jan. 18; Feb. 15; Mar. 29, 30, 31; Apr. 1, 2027

KIDS NIGHT OUT

AGES: 5-12 yrs.
DAYS: Fridays
TIMES: 6:00 PM - 10:00 PM
DATES: Sept. 25; Oct. 9; Nov. 6, 2026; Jan. 15; Mar. 12, 2027

FEE: \$15.00 per night
LOCATION: Community Center, 707 Dool Ave.
INSTRUCTOR: Jamie Ann Chew & Staff

Join us for some board games, crafts, indoor activities, movies, snacks and more!

POLYNESIAN DANCE

AGES: 6-17 yrs.
DAYS: Mondays & Thursdays
TIMES: 5:00 PM - 5:50 PM

FEE: \$25.00 a month
LOCATION: Cultural Arts Center, 421 Heffernan Ave.
INSTRUCTOR: Laura A. Vargas

Note: The class will be in Spanish.
Participants will learn the basic steps of Hula Ori Tahiti. They will also learn to dance an Otea. They will learn about the Hawaiian instrument IPU and the Tahitian instrument Toere.

Required for class: T-shirt, Pareo wrap, and hair picked up in a bun.

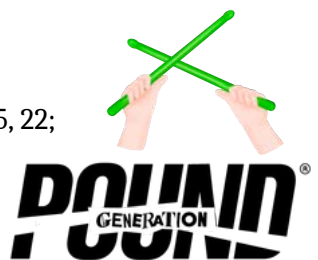
NO CLASSES ON: Sept. 7; Oct. 29; Nov. 19, 23, 26; Dec. 14-31, 2026; Jan. 18; Feb. 15; Mar. 29; Apr. 1, 2027

GENERATION POUND

AGES: 6-12 yrs.
DAYS: Thursdays, Sept.3, 10, 17, 24; Oct. 1, 8, 15, 22; Nov. 5, 12, 2026

TIMES: 4:00 PM - 4:50 PM
FEE: \$30.00
LOCATION: Community Center, 707 Dool Ave.
INSTRUCTOR: Jamie Ann Chew

Generation pound is an inclusive youth-oriented program that fuses movement and music! By combining exercise and interactive activities, kids will learn new ways to explore movement, embrace creativity and Rock OUT!
Required for class: Tennis shoes, yoga mat & water bottle.





KARATE KOFUJA-DO

AGES: 8-15 yrs.

DAYS: Tuesdays & Thursdays

Advanced: 5:00 PM - 5:50 PM

Beginners: 6:00 PM - 6:50 PM

FEE: \$ 25.00 a month

LOCATION: Sr. Hall, 707 Dool Ave.

INSTRUCTOR: Carlos Valencia

Karate provides a full-body workout while improving strength and condition.

NO CLASSES ON: Oct. 29; Nov. 19, 24, 26; Dec. 14-31, 2026; Mar. 30; Apr. 1, 2027.

CHEWS FROM THE HEART

GRADE: 6th - 12th

DAYS: Thursdays

TIMES: 6:00 PM - 7:30 PM

Session I: Nov. 5, 12, (Fri. Nov. 20); Dec. 3, 10, 2026

Session II: Jan. 21, 28, Feb. 4, 11, 18, 2027 (Registration Dec. 16, 2026)

Session III: Apr. 15, 22, 29; May 6, 13, 2027 (Registration Dec. 16, 2026)

FEE: Free (must apply to join)

LOCATION: Sr. Craft Room, 707 Dool Ave.

VOLUNTEER: Jamie Ann Chew

Calling on all young artists! Join Jamie and the Color Crusaders in designing and painting custom shoes for a great cause. Participants will be selected.

Each artist will create uniquely customized designs based on the preferences chosen by the recipient. Shoes and all painting materials will be provided.

VIOLIN FOR BEGINNERS

AGES: 10+ yrs.

DAYS: Mondays & Wednesdays

TIME: 7:00 PM - 7:50 PM

FEE: \$25.00 per month

LOCATION: Sr. Hall, 707 Dool Ave.

INSTRUCTOR: Rosalynn Mananghac

Beginner violin class where students will learn fundamental violin techniques, basic music theory, and fun beginner songs.

Limited instruments are available to borrow on a first-come, first-serve basis with a deposit, CASH ONLY.

INSTRUMENT DEPOSIT: \$60

NO CLASSES ON: Sept. 7, 9; Nov. 11, 23, 25; Dec. 14-31; Jan. 18; Feb. 15, Mar. 29, 31; Apr. 1, 2027



YOUTH, TEEN & ADULT PROGRAMS

GUITAR

AGES: 12+ yrs.

DAYS: Mondays & Wednesdays

TIME: 7:00 PM - 7:50 PM

FEE: \$25.00 a month

LOCATION: Cultural Arts Center, 421 Heffernan Ave.

INSTRUCTOR: Jose Eduardo Payan

Required for class: acoustic guitar, notepad and pen.

With this practical and fun class, you will learn the basic concepts and techniques of guitar, so you can learn to play your favorite song.

NO CLASSES ON: Sept. 7, 9; Nov. 11, 23, 25; Dec. 14-31, 2026; Jan. 18; Feb. 15, Mar. 29, 31; Apr. 1, 2027

ARTISTIC DRAWING

AGES: 12- 17 yrs

DAYS: Wednesdays

TIME: 4:30 PM - 5:50 PM

FEE: \$15.00 (materials included) a month

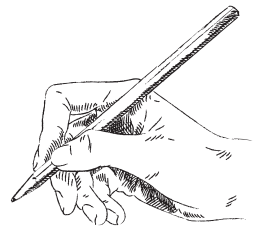
LOCATION: Cultural Arts Center, 421 Heffernan Ave.

INSTRUCTOR: Angelica Angulo

Note: The class is in Spanish.

Students will learn the basics techniques of drawing with graphite pencil.

NO CLASSES ON: Sept. 9; Nov. 11, 25; Dec. 14-31, 2026; Mar. 31, 2027



SINGING CLASSES

AGES: 12+ yrs.

DAYS: Thursdays

TIMES: 6:00 PM - 6:50 PM

FEE: \$15.00 a month

LOCATION: Cultural Arts Center, 421 Heffernan Ave.

INSTRUCTOR: Jesus Hernandez

This course is focused on vocal technique development and choral ensemble training, includes repertoire preparation for a collective performance.

NO CLASSES ON: Oct. 29; Nov. 26; Dec. 14-31, 2026; Apr. 1, 2027

KEYBOARD

AGES: 12+ yrs.

DAYS: Thursdays

TIMES: 7:00 PM - 7:50 PM

FEE: \$15.00 a month

\$5.00 Seniors 55+ a month

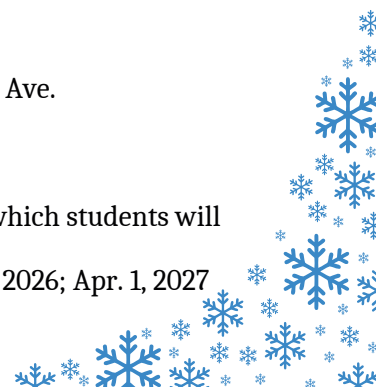
LOCATION: Cultural Arts Center, 421 Heffernan Ave.

INSTRUCTOR: Jesus Hernandez

Required for class: Keyboard with batteries.

A practical and simple method will be used in which students will learn the basics.

NO CLASSES ON: Oct. 29; Nov. 19, 26; Dec. 14-31, 2026; Apr. 1, 2027





YOUTH, TEEN & ADULT PROGRAMS



CROCHET CLASS

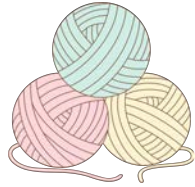
AGES: 16+ yrs.
DAYS: Thursdays
TIME: 1:00 PM - 2:20 PM Beginners
2:30 PM - 3:50 PM Advanced

FEE: Adults: \$25.00 one-time registration fee.
Seniors 55+: \$5.00 one - time registration fee.

LOCATION: Sr. Craft Room, 707 Dool Ave.
INSTRUCTOR: Maria Luisa Martin de Campo

Note: The class is in Spanish.
Join us for step-by-step Crocheting classes that will help you learn everything from beginner basics to advanced techniques.

Materials needed: Crochet hook, yarn and scissors.
NO CLASSES ON: Oct. 29; Nov. 19, 26; Dec. 14-31, 2026; Apr. 1, 2027



RITMOS LATINOS DANCE CLASS

AGES: 16+ yrs.
DAYS: Mondays & Wednesdays
TIME: 6:00 PM - 6:50 PM

FEE: \$25.00 a month
LOCATION: Sr. Hall, 707 Dool Ave.
INSTRUCTOR: Elizabeth Rubio

Have fun while learning to dance various styles of dance like Cumbia, Merengue, Bachata and others.
NO CLASSES ON: Sept. 7, 9; Nov. 11, 23, 25; Dec. 14-31, 2026; Jan. 18; Feb. 15, Mar. 29, 31; Apr. 1, 2027

ACRYLIC PAINTING

AGES: Adults & Seniors
DAYS: Thursdays

Beginners: 10:00 AM - 11:50 AM
Intermediate: 12:00 PM - 1:50 PM

FEE: \$5.00 a month - Seniors 55+
\$15.00 a month - Adults
LOCATION: Cultural Arts Center, 421 Heffernan, Ave.
INSTRUCTOR: Angelica Angulo

A course in which students will learn the acrylic painting technique of colors, textures, blurring of color range, handling of light and shadow, and more! This will be a creative fun space for you to be!

Materials Needed: A list of materials needed for class will be provided by the instructor.

Note: The class will be taught in Spanish.
NO CLASSES ON: Oct. 29; Nov.19, 26; Dec. 14-31; Apr. 1, 2027



SEWING FOR BEGINNERS

AGES: Adults & Seniors
DAYS: Wednesdays
TIME: 6:00 PM - 8:00 PM

SESSION I: Sept. 3, 2026 - Dec.9, 2026
SESSION II: Jan. 6 - April 28, 2027 (choose one option only)

FEE PER SESSION: \$25.00 a month 18-54 yrs.
\$5.00 a month Seniors 55+

INSTRUCTOR: Maria Curiel
LOCATION: Sr. Craft Room, 707 Dool Ave.

This is a fun sewing series aimed at acquainting students with their sewing machines, beginning with the basics and growing skills. This first beginner sewing class students will learn how to thread a sewing machine, wind a bobbin, sew a straight stitch and much more.

Functional entry-level sewing machine needed (like a Brother or Singer). It must have a metal hook system and be capable of sewing through two layers of cotton. A list of materials will be provided.

Note: Class will be taught in Spanish.
This class is for beginners and will be an instructional class. Participants will not be allowed to work on their own side projects. No outside visitors are allowed inside classroom.
NO CLASSES ON: Sept. 9; Nov. 11, 25; Dec. 14-31, 2026; Mar. 31, 2027

PERSONAL MOTIVATION

AGES: Adults & Seniors
DAYS: Tuesdays
TIME: 6:00 PM- 7:30 PM

FEE: \$5.00 one-time registration fee
LOCATION: Sr. Craft Room, 707 Dool Ave.
INSTRUCTOR: Luis Flores

Inspiring volunteer therapist, Luis Flores, leads this motivational group.
NO CLASSES ON: Nov. 24; Dec. 14-31, 2026; Mar. 30, 2027



ADULT & SENIOR PROGRAMS



HAPPY
Valentines
DAY

HULA DANCE

AGES: Adults & Seniors
DAYS: Mondays & Thursdays
TIMES: 1:00 PM - 1:50 PM

FEE: Adults: \$25.00 a month
Seniors: 55+: \$5.00 a month

LOCATION: Community Center, 707 Dool Ave.
INSTRUCTOR: Laura A. Vargas

Participants will learn to coordinate their bodies to dance the Hula. This class helps with body movement coordination and provides an excellent opportunity to stay healthy.

Note: The class will be taught in Spanish.
NO CLASSES ON: Sept. 7; Oct. 29; Nov. 23, 26; Dec. 14-31, Jan. 18; Feb. 15; Mar. 29; Apr. 1, 2027

FOLKLORIC DANCE CLASS

AGES: Adults & Seniors
DAYS: Mondays & Wednesdays

TIME: 1:00 PM - 1:50 PM

FEE: Adults: \$25.00 per month.
Seniors 55+: \$5.00 per month.

LOCATION: Cultural Arts Center, 421 Heffernan Ave.
INSTRUCTOR: Socorro Mendiola

Learn about this beautiful dance and its techniques; arm, head, and waist movement, stomping, and turns. Folkloric dance skirts will be provided for practice.

Required for class: Folkloric dance shoes.
Note: The class will be taught in Spanish
NO CLASSES ON: Sept. 7, 9; Nov. 11, 23, 25; Dec. 14-31, 2026;
Jan. 18; Feb. 15, Mar. 29,31, 2027

FOLKLORIC DANCE GROUP

AGES: Adults & Seniors
DAYS: Mondays & Wednesdays
TIME: 12:00 PM - 12:50 PM

FEE: Adults: \$25.00 one -time registration fee
Seniors 55+: \$5.00 one - time registration fee

LOCATION: Cultural Arts Center
421 Heffernan Ave.
INSTRUCTOR: Socorro Mendiola

This group is only available to selected past participants or participants with more advanced Folkloric Dance Skills.
NO CLASSES ON: Sept. 7, 9; Nov. 11, 23, 25; Dec. 14-31, 2026;
Jan. 18; Feb. 15, Mar. 29, 31, 2027



YOGA Mondays & Wednesdays

AGES: Adults & Seniors
DAYS: Mondays & Wednesdays

TIME: Option 1: 5:00 PM - 5:50 PM
Option 2: 7:00 PM - 7:50 PM
(choose one option only)

DATES: Sept. 1-Dec. 9, 2026 (Registration date: Aug. 18/19, 2026)
Jan. 4 - Apr. 28, 2027 (Registration date: Dec. 15/16, 2026)

FEE: \$25.00 a month - Adults 18+
\$5.00 a month - Seniors 55+

LOCATION: Community Center, 707 Dool Ave.
INSTRUCTOR: Gabriela Ramirez

Reduce anxiety and stress with Yoga. All levels are welcome. Bring your own yoga mat.

Note: participants can only register for one (1) option.
NO CLASSES ON: Sept. 7, 9; Nov. 11, 23, 25; Dec. 14-31, 2026; Jan. 18; Feb. 15, Mar. 29,31; Apr. 1, 2027

YOGA Tuesdays & Thursdays

AGES: Adults & Seniors
DAYS: Tuesdays & Thursdays
TIME: 10:10 AM - 11:00 AM

DATES: Sept. 1-Dec. 10, 2026 (Registration date: Aug. 18/19, 2026)
Jan. 4 - Apr. 29, 2027(Registration date: Dec. 15/16, 2026)

FEE: \$25.00 a month- Adults 18+
\$5.00 a month - Seniors 55+

LOCATION: Community Center, 707 Dool Ave.
INSTRUCTOR: Gabriela Ramirez

Reduce anxiety and stress with Yoga. All levels are welcome. Bring your own yoga mat.

Note: participants can only register for one (1) option.
NO CLASSES ON: Oct. 6, 29; Nov. 19, 24, 26; Dec. 14-31, 2026; Mar. 30: Apr.1, 2027.

TAI CHI

AGES: Adults & Seniors
DAYS: Mondays - Thursdays
TIMES: 7:00 AM - 7:50 AM
DATES: Sept. 1-Dec. 10, 2026 (Registration date: Aug. 18/19, 2026)
Jan. 4 - Apr. 29, 2027(Registration date: Dec. 15/16, 2026)

FEE: Adults \$35.00 a month
Seniors 55+ \$5.00 a month

LOCATION: Community Center, 707 Dool Ave.
INSTRUCTOR: Marco Calderon

Tai Chi is the art of embracing the mind body and spirit. Begin your journey to better Health. Space limited.
NO CLASSES ON: Sept. 7, 9; Oct. 6, 29; Nov. 11, 19, 23, 24, 25, 26;
Dec. 14-31, 2026; Jan. 18; Feb. 15; Mar. 29, 30, 31; Apr. 1, 2027





CROCHET CLUB

AGES: Seniors 55+
DAYS: Thursdays
TIMES: 4:00 PM - 5:50 PM

FEE: Free
LOCATION: Sr. Craft Room, 707 Dool Ave.

Note: This is a club and not an instructional class. If you enjoy crocheting, then this is the club for you. Share with others your patterns and get ideas for new projects. Bring your own Crochet materials.
NO CLASSES ON: Oct. 29; Nov. 19, 26; Dec. 14-31, 2026; Apr. 1, 2027

BINGO

AGES: Seniors 55+
DAYS: Tuesdays & Thursdays
TIME: 9:00 AM - 10:50 AM

FEE: \$5.00 one-time registration fee.
LOCATION: Sr. Craft Room, 707 Dool Ave.
INSTRUCTOR: Rec Staff & Volunteers

Enjoy a morning of fun with bingo, a game of chance.
NO CLASSES ON: Oct. 29; Nov. 19 24, 26; Dec. 14-31, 2026; Mar. 30: Apr.1, 2027.

SENIOR AEROBICS AM

AGES: Seniors 55+
DAYS: Mondays - Thursdays
TIMES: 9:10 AM - 10:00 AM
DATES: Sept. 1-Dec. 10, 2026 (Registration date: Aug. 18, 2026)
Jan. 4 - Apr. 29, 2027(Registration date: Dec. 15, 2026)

FEE: \$5.00 a month
LOCATION: Community Center, 707 Dool Ave.
INSTRUCTOR: Leticia Lira

Aerobics strengthens the heart and improves overall fitness.
NO CLASSES ON: Sept. 7, 9; Oct. 6, 29; Nov. 11, 19, 23, 24, 25, 26; Dec. 14-31, 2026;
Jan. 18; Feb. 15; Mar. 29, 30, 31; Apr. 1, 2027

SENIOR AEROBICS PM

AGES: Seniors 55+
DAYS: Mondays - Thursdays
TIMES: 4:00 PM - 4:50 PM
DATES: Sept. 1-Dec. 10, 2026 (Registration date: Aug. 18, 2026)
Jan. 4 - Apr. 29, 2027(Registration date: Dec. 15, 2026)

FEE: \$5.00 a month
LOCATION: Sr. Hall, 707 Dool Ave.
INSTRUCTOR: Leticia Lira

Aerobics strengthens the heart and improves overall fitness.
NO CLASSES ON: Sept. 7, 9; Oct. 29; Nov. 11, 19, 23, 24, 25, 26; Dec. 14-31, 2026;
Jan. 18; Feb. 15; Mar. 29, 30, 31; Apr. 1, 2027

SENIOR PROGRAMS



ZUMBA GOLD

AGES: Seniors 55+
DAYS: Mondays - Thursdays
DATES: Sept. 1-Dec. 10, 2026 (Registration date: Aug. 18, 2026)
Jan. 4 - Apr. 29, 2027(Registration date: Dec. 15, 2026)
TIME: 8:10 AM- 9:00 AM
FEE: \$5.00 month
LOCATION: Community Center, 707 Dool Ave.
INSTRUCTOR: Jaqueline Macias

Dance through your workout session with Jacky. This class is a fun way to start your morning while keeping active and healthy.
NO CLASSES ON: Sept. 7, 9; Oct. 6, 29; Nov. 11, 19, 23, 24, 25, 26; Dec. 14-31, 2026;
Jan. 18; Feb. 15; Mar. 29, 30, 31; Apr. 1, 2027

DANZON

AGES: Seniors 55+
DAYS: Wednesdays
TIMES: 3:00 PM - 4:20 PM

FEE: \$5.00 one-time registration fee
LOCATION: Cultural Arts Center, 421 Heffernan Ave.
INSTRUCTOR: Irma Mata

Enjoy the elegance and rhythm of Danzón in this beginner-friendly class designed especially for seniors. Participants will learn basic steps, timing, and partner movements in a relaxed and welcoming environment. A wonderful way to stay active, socialize, and enjoy beautiful traditional music!
NO CLASSES ON: Sept. 9; Nov. 25; Dec. 14-31, 2026; Mar. 31, 2027



SENIOR ARTS & CRAFTS

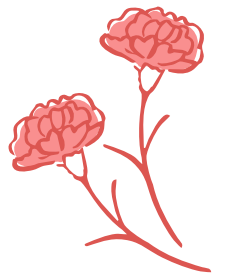
AGES: Seniors 55+
DAYS: Wednesdays
TIME: 9:00 AM - 11:50 AM

FEE: \$5.00 a month
LOCATION: Sr. Craft Room, 707 Dool Ave.
INSTRUCTOR: Rosa Romero
Materials Needed: Plastic canvas needles, sharp pointed scissors ,colored pencils, eraser, hot glue gun, glue sticks & pencil.

Join us and learn to create great arts & crafts pieces for your home or to gift to others. No experience is needed.
NO CLASSES ON: Sept. 9; Nov.11, 25; Dec. 14-31, 2026; Mar. 31, 2027



COMMUNITY PARTNER PROGRAMS



The following programs are provided by partner organizations and are not operated by the City of Calexico Recreation Department.

Catholic Charities

Provides lunch to seniors in a congregate meal setting.
Transportation to the congregate meal site is also available in El Centro, Brawley, Calexico, and Salton City.

AGES: Seniors 60+

DAYS: Mondays - Fridays

TIME: Lunch served 11:30 am

FEE: \$2.00 donation per lunch

LOCATION: Sr. Hall, 707 Dool Ave.

Please call the Catholic Charities number for more information at (760) 353-2748.

Imperial Valley College Senior Nutrition Class

This course is designed to promote the health, safety, and well-being of older adults by improving strength, stability, and flexibility. It is also designed to build self-confidence and reduce depression and anxiety through mental exercises and social interaction.

Participants will learn about the importance of proper nutrition for senior citizens, take part in light exercises to support a healthy lifestyle, and enjoy hands-on cooking activities that encourage healthy eating habits.

AGES: Seniors 60+

DAYS: Mondays & Wednesdays

TIME: 9:30 AM - 10:50 AM

LOCATION: Cultural Arts Center, 421 Heffernan Ave.

STARTS: August 24, 2026

For more information on how to register for this class, please call IVC at (760) 355-6303.

The Recreation Department is always looking for recreation class proposals for future classes.

If you have an idea or a talent for a class you would like to teach, please contact the department at (760) 768-2176.



Special Thanks



We would like to thank the Calexico City Council, the Calexico Measure H Committee, and the California Arts Council for their generous contributions to our Recreation and Cultural Arts Programs.





FACILITIES FOR RENT

Community Center Capacity: 320 People \$600.00

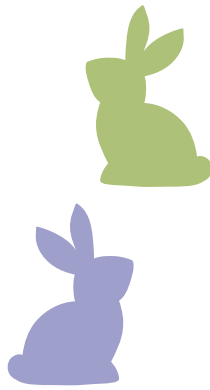
Are you planning an event or party celebration?
Halls are reserved on a first-come, first-serve basis
with a \$100 non-refundable reservation fee.

Reservations will not be taken over the phone.
Please call the office at (760) 768-2176 for more information.

Senior Hall Capacity: 160 People \$450.00

Are you planning an event or party celebration?
Halls are reserved on a first-come, first-served basis
with a \$100 non-refundable reservation fee.

Reservations will not be taken over the phone.
Please call the office at (760) 768-2176 for more information.



City Parks

Park reservations must be submitted at least seven days
in advance. Consumption of alcohol is not authorized .

Fees:

\$50.00 for up to 4 hours of use.

Use of electricity, if available, is an additional \$50.00 for up to 4 hours.

Key Deposit: \$75.00 if the park requires a key.
Cleaning Deposit: \$25.00



SPECIAL EVENTS



CC - Community Center
CAC - Cultural Arts Center

Viva Mexico! Event Art, Music, and Dance
Grandparents Day Dance
Youth Art Contest at the Border
Breast Cancer Month Paint Night
Paper-Mâché Catrinas Workshop
Sr. Health Fair
Sr. Halloween Dance
Altar Día de los Muertos Opening Night
Halloween Family Movie Night @ the Park
Noche Bohemia
Paint Night (Autumn)
Christmas Tree Lighting Event
Paint Night (Winter)
Christmas Parade
Sr. Christmas Dance
Black History Month Paint Night
Black & White Art Exhibit Opening Night
Noche Bohemia
Chinese New Year Paint Night
Valentine's Paint Night
Sr. Valentine's Day Dance
Daddy Daughter Dance
International Women's Day Paint Night
Easter Egg Hunt
Noche Bohemia
Children's Day Paint Night
Its a Lego World Art Exhibit Opening Night
60's & 70's Sr. Dance
Mother's Day Paint Night
Sr. Mother's Day Dance

September 1, 2026	5:30 PM - 7:30 PM
September 11, 2026	6:00 PM - 9:00 PM
September 29, 2026	5:30PM - 7:30 PM
October 6, 2026	5:00 PM - 7:00 PM
October 13 & 20, 2026	5:00 PM - 7:00 PM
October 14, 2026	10:00 AM - 11:50 AM
October 23, 2026	6:00 PM - 9:00 PM
October 27, 2026	5:30 PM - 7:30 PM
October 29, 2026	5:30 PM
November 13, 2026	6:00 PM - 9:00 PM
November 17, 2026	5:00 PM - 7:00 PM
November 19, 2026	4:30 PM - 7:30 PM
December 8, 2026	5:00 PM - 7:00 PM
December 12, 2026	10:00 AM
December 18, 2026	6:00 PM - 9:00 PM
January 5, 2027	5:00 PM - 7:00 PM
January 12, 2027	5:30 PM - 7:30 PM
January 22, 2027	6:00 PM - 9:00 PM
February 2, 2027	5:00 PM - 7:00 PM
February 9, 2027	5:00 PM - 7:00 PM
February 12, 2027	6:00 PM - 9:00 PM
March 6, 2027	6:00 PM - 9:00 PM
March 9, 2027	5:00 PM - 7:00 PM
March 20, 2027	9:00 AM - 11:30 AM
April 2, 2027	6:00 PM - 9:00 PM
April 6, 2027	5:00 PM - 7:00 PM
April 20, 2027	5:30 PM - 7:30 PM
April 23, 2027	6:00 PM - 9:00 PM
May 6, 2027	5:00 PM - 7:00 PM
May 7, 2027	6:00 PM - 9:00 PM

CAC
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City Hall
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Downtown
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